



Welcome to Paddle Georgia 2009! In this document you'll find all you need to know to prepare and participate in this year's adventure. Please review the following information carefully.

VERY IMPORTANT!! Please fill out all registration forms applicable to you and RETURN TO GEORGIA RIVER NETWORK BY MAY 3!

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Registration Checklist

Please review this carefully! We need LOTS of information from you to make the trip run smoothly.

Additional Registration Fees

- Did you sign up for the Kick Off or River's End Shuttles? _____
- Did you register for breakfast & dinner (if you didn't purchase meals with registration)? _____
- Did you register for lunch (please remember to choose your sandwich for each lunch!)? _____
- Did you rent or purchase a helmet for Day 1? _____
- Did you register for the June 19 paddle workshop? NA
- Did you register for any special tours? NA
- Did you sign up for Adopt-A-Stream training or water monitoring? NA

TOTAL ADDITIONAL REGISTRATION FEES

Use this sheet as a cover and return all registration forms and additional fees with one check to Georgia River Network, 126 S. Milledge Ave. Suite E3 Athens, GA 30605 by May 3 (postmarked)

Paddle Georgia Mission Statement, General Policies and Registration Logistics

Mission Statement:

Paddle Georgia is an annual week-long paddling adventure, open to all paddling skill levels, created for the sole purpose of having a great time while engaging and empowering citizens so that they may become involved in the protection and restoration of Georgia's rivers. Each year, it serves as a fundraiser for Georgia River Network and the local watershed group working to protect the year's paddling route.

About the Paddle Georgia "Navy:"

In its first four years, more than 1200 people have participated in Paddle Georgia. Our participants come from all walks of life and have ranged in age from 4 to 74. In addition to experiencing the beauty of Georgia's rivers, these individuals have experienced a rare and unique sense of community during their week long journeys.

Paddle Georgia *is not* a commercial, for-profit guided trip for individuals. *It is* an educational community adventure led by volunteers and staff of non-profit organizations, and depends on well-prepared and self-sufficient individuals and the pooled efforts of the entire Paddle Georgia Navy. As such, participants are asked to come prepared to take care of all their own needs and to volunteer their services during the course of the week. These services include assisting at launch sites/take outs, loading/unloading gear trucks, serving dinners, breakfasts and lunches, and lending a hand to your paddling friend when one is needed.

If you wish to be pampered by professional guides, this isn't the trip for you. But, if you want to experience a real community, brought together under a common goal and by the thrill of adventure, Paddle Georgia is.

On Baggage:

Each paddler is limited to **a total of 40-pounds of luggage**. You have to haul your baggage and place it in the trailer each morning that we move campsite, and haul it back to your campsite at each new campsite. After paddling all day (about 8,000 paddle strokes per day), a 40-pound bag is really heavy. We recommend you pack as lightly and tightly as possible. This saves your back and the backs of your fellow paddlers. *Everyone is expected to assist with the loading and unloading of the gear trailer during the week.*

Your gear should be packed so that it will not get wet. In the afternoon, your baggage will be removed and placed outside the gear truck where it will be exposed to the elements. Furthermore, overnight rains will result in gear being packed up wet. A wet tent on top of your clothes bag will result in wet clothes. Plan on inclement weather and make sure you have a bag that will protect important gear in the event of rain.

Please place a label on your luggage with your name on it!!!

On Boats:

All paddlers should be aware that on this trip, and the first day in particular, there will be many rocky shoals that could damage boats made of delicate materials and be difficult to maneuver in long sea kayaks. Only boats that can be carried by yourself and 1 other person are appropriate for this trip.

Reduce, Reuse and Recycle on Paddle Georgia:

In an effort to reduce the amount of waste created on our journey, please bring **Reuseable Plate and Utensils**. Dishwashing stations will be available at each meal so that you can easily clean these items after each meal. This will result in less waste of one-use paper and plastic products. At on site registration you will receive a Paddle Georgia commemorative cup. Write your name on it, and use it throughout the week

How do I get to the River?

Paddle Georgia provides two options for getting you to the river and shuttled back to your vehicle—our Kick Off and River’s End shuttles, available for an additional charge. Please review the information on Page 18 to decide if you wish to utilize one of these shuttles. Register for one or the other.

If you plan on providing your own shuttle transportation, here’s what you will need to do:

1. Drop your boat at the Gilmer County Park on the Coosawattee River
2. Proceed to Gilmer County High School
3. Arrange for someone to pick you up at the end of your journey

Directions to Gilmer County Park from I-75 South (Chattanooga): From I-75 in Chattanooga, go south 19 miles on I-75 to the Dalton/Rocky Face Exit (Exit 336). At exit, go east on North Dalton Bypass (US 41/Ga. 76). Follow Bypass 6 miles to US 76. Turn left on US 76 and continue 8 miles to US 411 in Chatsworth. At US 411, turn right and continue south 7 miles to US 76/Ga. 282. Turn left on to US 76/Ga. 282 and follow 16 miles to Old Ga. 5 in Ellijay. At stoplight, turn right on Ga. 382/Old Ga. 5. Follow 0.8 mile to Ellijay City Park on left. Turn left into park and unload your canoe where directed.

Directions to Gilmer County Park from I-75 North (Atlanta): From I-75 and I-285 in Northwest Atlanta, go north on I-75 10 miles to I-575. Bear right on I-575 toward Canton. Follow I-575 30 miles until limited access ends. Continue on Ga. 515 (Zell Miller Mountain Parkway) an additional 20 miles and turn left to connect with Ga. 382/Old Ga. 5. At 0.1 mile turn right on Ga. 382/Old Ga. 5. At 1.5 miles, Ga. 382 (West) turns left at Greens Country Store. Continue straight on Ga. 382/Old Ga. 5 (East/North) 2.4 miles to Gilmer County Park on right. Turn right into park and unload your canoe where directed.

Boat Drop Off Times: June 19 10 a.m. to 6 p.m.
June 20 7 a.m. to 8 a.m.

Directions to Gilmer County High School from Gilmer County Park: From the parking area, turn around, face Old Ga. 5 and look up the hill! That’s where Gilmer County High School is. Follow the Paddle Georgia signs to parking and registration

Registration

All participants must register at Gilmer County High & Middle School. Upon registration, you will receive your event packet which includes items like your Paddle Georgia 2009 T-shirt and your on-river maps and descriptions.

Registration Times: June 19 1 p.m.-8 p.m.
June 20 7 a.m.-9 a.m.

Note: Participants arriving earlier than 1pm on June 19 will not be allowed to set up or register early.

Paddle Georgia 2009 Safety Guidelines

Paddle Georgia participants should be aware that this canoe trip is not a commercially-guided trip. While Georgia River Network and Paddle Georgia staff and safety personnel will be available on the river during each day's paddle, we cannot personally ensure the safety of all participants. Unlike a commercial trip in which paid guides direct you through each bend of the river, Paddle Georgia is designed to be your adventure, and as such, you are responsible for your own safety.

The following guidelines should be understood before disembarking and followed during the entirety of Paddle Georgia 2009.

Paddle Georgia Safety Policies

1. Alcoholic beverages are prohibited.
2. All participants **must** attend the pre-launch safety briefing. Participants must adhere to the safety guidelines presented.
3. Participants must wear a properly fitted U.S. Coast Guard approved personal floatation device at all times on the river.
4. Participants under age 18 are the responsibility of, and must be accompanied by, a parent or guardian. Parents are responsible to supervise those under 18 at all times, including at the campsite.
5. Sorry, no pets allowed.
6. All participants must sign a Medical and Emergency Contact Information sheet and a Waiver of Claims and Release of Liability form. Parents must sign for children under the age of 18. (These forms are included in this packet.)
7. Person-powered watercraft only. All boats should be of a size and weight that can be carried by 2 adults.
8. All participants must respect private property along the river as well as be respectful of property and policies at our campsites.

Violations of these policies can result in the participant being removed from the event without refund.

Skill Level Required:

Paddle Georgia is suitable for novice paddlers, but Day 1 does include some Class II rapids. Paddlers should have a basic understanding of paddle strokes and should be able to control their vessels in moving water. If you are new to paddling, we highly recommend that you take a canoe/kayak paddling course prior to Paddle Georgia. Paddle Georgia will also offer a paddle workshop on Friday, June 19, at Carters Lake (see details page 23)

Day 1 stretches 13 miles from Ellijay to Carters Lake. This section of river includes several Class II rapids and some short stretches of continuous whitewater. To accommodate novice paddlers, Day 1 includes a "6-mile take out" option that permits novice paddlers to avoid the most difficult whitewater between Mile 6 and Mile 10.

Beyond Day 1, Carters Lake and the Coosawattee and Oostanaula provide mostly flatwater paddling with some small shoals each day.

*******Due to Class II rapids on Day 1, our insurance policy requires that all boaters wear protective helmets when navigating Class II rapids. Please bring protective head gear.** Paddle Georgia will provide helmet rentals for those individuals that do not have helmets. **YOU WILL NOT BE PERMITTED TO PADDLE DAY 1 WITHOUT A HELMET!** See page 19 for information on how to purchase or rent a helmet if you don't have your own.

Weather:

Average High Temperature: 87 F; Average Low Temperature: 62 F

Average June Rainfall: 4.14 inches

Hazards:

Strainers—Strainers are branches, trees or vegetation partially or totally submerged in the river's current often found along the river's edge. These hazards allow only water to pass through freely. The current will pull anything else down, plastering it into place, similar to the action of a kitchen colander. It is best to approach submerged trees or logs along the river bank from the downstream side to avoid having the current pin your boat against the obstacle or flipped by the force of the water. You should also avoid grabbing on to low hanging branches of partially submerged vegetation as this action can often cause your boat to capsize. To avoid a multi-boat pile up, leave enough room between boats to allow each boat to safely navigate around these obstacles.

Weather—Strong thunderstorms and high winds are not uncommon on summer afternoons in Georgia. In the event of inclement weather that includes the risk of lightning, paddle to shore, secure your boat and find cover under a dense stand of small trees. Avoid open areas, especially open areas with solitary trees, and avoid gathering in large groups. By dispersing yourselves over a large area, you reduce the risk of lightning striking numerous individuals at one time. Squatting, with your feet on a pfd or seat cushion, is a good idea when in the midst of a thunderstorm (while on solid ground—not in your boat!).

Sun and Heat—Hats and appropriate sun screen are recommended. If you get too hot, the river comes with built in air conditioning. You should carry plenty of water to avoid *dehydration*. Sports drinks with electrolytes are also recommended. The first two days are usually the most difficult as we acclimate from spending lots of time in air conditioned buildings to spending all day in 80-90-degree heat. Prepare by drinking lots of fluids in the days leading up to the trip.

Water Temperature—The combination of cold water and a cold afternoon thunderstorm raises the risk of dangerous changes in body temperature. Be prepared with rain gear and layered clothing that stays warm even when wet (avoid cotton).

Trash—Unfortunately, the Coosawattee and Oostanaula collect refuse from surrounding communities. Proper footwear and exercising caution can prevent unnecessary injuries. Participants should wear sandals or shoes that provide adequate protection from broken bottles, rusted appliance parts and tin cans and anything else you might find at your local landfill.

Venomous Snakes—The Coosawattee and Oostanaula rivers and the land surrounding them are potential habitats for two venomous snakes—rattlesnakes and copperheads. If you encounter any snakes, simply leave them alone. Should you have the misfortune of being bitten, remain calm and get medical assistance as quickly as possible. Bites from these venomous snakes are rarely fatal, given proper medical attention. At any given moment on this trip you will not be more than a few hours from a hospital. Water moccasins are not found this far north in Georgia.

Terra Firma—On its journey through the Blue Ridge and Ridge and Valley, the Coosawattee and Oostanaula wind past varied terrain. Please step carefully when paying visits to land.

Your Fellow Paddlers—This is a journey involving many individuals with varying degrees of skill level. Space yourselves so that you do not interfere with one another when running shoals and rapids and when maneuvering around strainers. Pile ups on the river can be just as dangerous as those that occur on interstate highways.

What to Bring on the Water

1. At least two paddles for each boat.
2. PFD—every Paddle Georgia participant must wear a Coast Guard approved personal flotation device at all times while on the river (no ifs, ands, buts or “gee, it’s really hot!”)
3. Every canoe should have two lines, a bow line and a stern line 8-10 feet each in length secured in such a way that they are readily accessible, but cannot come loose accidentally. Loose rope increases the risk of entanglement in the event of capsizing. Kayaks should have grab loops at both bow and stern.
4. An extra throw rope in case of emergencies should be stored safely in each boat.
5. Attach a whistle to your life vest or body to signal for help in case of emergency.
6. A Knife
7. Waterproof matches or other fire source in waterproof covering.
8. First Aid Kit—while boats will be on the river with basic first aid supplies, each vessel should bring a first aid kit stored inside a waterproof covering.
9. A repair kit—each vessel should be able to make their own repairs (duct tape, sealant, waterproof tape and other materials are recommended)
10. Rain Gear—Be prepared to get wet and potentially cold. Every participant should have access to a lightweight jacket or cover, rain jacket and rain pants in a waterproof covering.
11. Change of Clothes—Be prepared to take an unexpected swim. Every participant should have access to a dry change of clothes kept in a waterproof covering
12. Appropriate footwear that will protect your feet from unseen underwater hazards and permit you to walk comfortably on land when launching and taking out and in the event that you must exit the Paddle Georgia course.
13. Sunscreen—Sunburn might be the trip’s biggest hazard.
14. Water—At least three quarts per person per day is recommended. Bring sufficient water for the day’s paddle for everyone in your boat. Also consider bringing electrolyte packs or powdered sports drink mix to add to your water to avoid dehydration. Drinking water is not available along the Paddle Georgia route and no drink is provided w/ sack lunches.
15. Food—There is little access to food along the Paddle Georgia route. Sack lunches are provided to participants for a fee (See Lunch Registration Form). No drink is included with the lunch. You may choose to use this service or make arrangements for your own on-river lunches and snacks.
16. Dry Bag or Ziploc—Bring a waterproof bag to protect items you don’t want to get wet, including your lunch.
17. Mosquito Net and/or bug spray.

Paddle Georgia “Buddy System”

Paddle Georgia will rely on the “Buddy System” to ensure that all participants arrive safely at the day’s take-out point. Before each day’s paddle, identify your “buddy boat or boats.” This will be the boat or group of boats with whom you will paddle for the day. The group is responsible for ensuring that no one is left behind. Do not lose sight of your buddy boat or members of your buddy boat group. Participants who have not identified a buddy boat for the day’s paddle will not be permitted to launch from the day’s put-in point. A sweep boat will bring up the rear of the day’s paddle to further ensure that no one is left behind.

Other Considerations

What do I do if I capsize? On slow moving water, stay with your boat and swim it to shore or shallow water where you can dump the water and right your vessel. It floats even when full with water and can support you if you become tired. Make sure your belongings are secured to your boat to keep from losing them in the event of a capsizing. Other boats should be around to assist in recovering any belongings and help you right your boat.

In fast-moving water or rapids, get away and upstream from your canoe until you reach slower moving water. Float on your back, feet downstream. Don’t try to stand in fast-moving water. Rocks or other objects can trap

your feet and the force of the water can hold you under. Moving canoes filled with water can pin or crush paddlers against rocks or trees.

In the event of inclement weather... As noted above, thunderstorms are not uncommon during Georgia summers, however, usually these afternoon-variety showers do not last long. If you are on the river during a storm event, take appropriate cover as described above, wait out the storm and continue your journey when it appears safe. Protective facilities along the river for large groups are not available.

Paddle Georgia will make every effort to ensure that each day's paddle is completed in full. However, if all-day dangerous weather is predicted, Paddle Georgia will be cancelled for the day. Boats will be shuttled to the day's next put-in point and participants will be shuttled to the day's next campsite. Rain alone does not constitute dangerous weather. All participants are expected to paddle rain or shine, or they may make their own arrangements for moving themselves and their boats to the next put-in and campsite. Exceptions may be made for families paddling with small children.

Swimming... Swimming is permitted with PFDs, but of course, swim at your own risk. There are many excellent swimming holes along the entire route of Paddle Georgia. Water quality on this journey varies due to point and non-point source pollution. Water quality is generally at its least healthy immediately following rain events—this is especially true downstream of urban areas.

Private Property... As you will see, the Coosawattee and Oostanaula take you through many a neighbor's backyard. Private property must be respected. It is illegal to trespass onto someone's property, and it is an offense that is prosecutable by law. You may not enter someone's property unless you have first received permission. At least one rest stop, with portable toilet facilities and/or restrooms will be available at the approximate midway point of each day's paddle, therefore it is imperative that you make use of bathroom facilities when they are available. If nature calls, please use a camp trowel and cover all human waste appropriately or carry a sealable plastic bag to remove your waste with you.

Communication in the Event of Emergency... There will be cellular phones on the river at all times (one with the lead boat, one with the sweep boat and others in between). In the event of an emergency, attempt to signal or locate a boat with a cellular phone. The participants in these boats can communicate with land-based emergency personnel and on the water motorized boats where available.

Universal River Signals... Paddle Georgia participants are expected to use universal river signals to communicate with other boats. They are as follows:

- Stop: Potential Danger Ahead—Form a horizontal bar with your paddle and outstretched arms above you're a head. Those seeing this signal should pass it back to others in the party. Participants should wait for the "all clear signal" before proceeding.
- All Clear—Form a vertical bar with your paddle, raising your arm and paddle above your head. The paddle blade should be turned flat for maximum visibility. This means the trip can proceed. To signal direction or preferred course through an obstacle, lower the all clear to a 45 degree angle toward the side of the river with the preferred route.
- Help/Emergency—Wave paddle over your head and give three long blasts on your whistle. Whistles are best carried attached to your life vest. This means other paddlers should assist the signaler as quickly as possible.
- I'm OK—Holding your elbow out to the side, repeatedly pat the top of your head with your hand. This signals that you are not hurt and do not need assistance.

What Do I Bring? (here's a checklist of suggested items!)

- Helmet for Day 1 (rental helmets will be available, see page 19 of this packet)
- Tent
- Ground Cloth
- Sleeping Bag or Sleep Sack
- Sleeping Pad
- Reusable Plate/Utensils (*wash stations provided*)
- Clothing for week
- Waterproof Stuff Sacks for Camp Gear
- Waterproof stuff sack or case for lunch and other on river items.
- Rain gear
- Footwear
- Clothes/Swimsuit
- First Aid Kit
- Sunscreen
- Necessary Medication
- Insect Repellent
- Whistle
- Towel/Wash Cloth
- Soap, Toothpaste, Toiletries
- Flashlight
- Book
- Camera/Film
- Watertight cases for Boat
- Fishing Gear/License
- Duct Tape
- Sponge
- Bailer
- Water Bottles (*at least 2 quart bottles for each person*)
- Snacks for river and camp
- Hat or Cap (*don't forget to get your Paddle Georgia hats!*)
- Extra Length of Rope
- Ear Plugs (*Some of our paddlers snore!*)
- Sleep Shades (*Lights out at 10 p.m.*)
- Laptop & Blackberry (*optional and frowned upon!*)
- Water Guns/Cannon (*optional and encouraged!*)

Canoe-a-thon 2009: Don't forget to Participate!

Don't forget to solicit donations for Paddle Georgia 2009's Canoe-a-thon fundraiser. This year each member of the Paddle Georgia Navy is raising money for Georgia River Network (GRN) and to support the Coosawattee Watershed Alliance and the New Echota Rivers Alliance.

Begin soliciting donations from family, friends, co-workers and neighbors now. Ask your employer if they will match the money you raise. Leave no stone unturned! We need your help so that GRN can work toward preserving and protecting the Coosawattee and Oostanaula and all of Georgia's rivers.

The Canoe-a-thon works just like a walk-a-thon. Ask prospective donors to sponsor your boat at a specific amount for each of the miles you'll be paddling during Paddle Georgia 2009 (92 miles for thru-paddlers). \$1 per mile equals \$92!!

Use the pledge form on the next two pages to solicit donations or go to www.firstgiving.com/garivers to set up your own online fundraising page.

Paddle Georgia 2009 Canoe-a-thon Pledge Form



Name _____

Address _____

City/State/Zip _____

Phone _____ E-mail _____

*To benefit
Georgia River Network
Coosawattee Watershed Alliance &
New Echota Rivers Alliance*

Thank you for participating in the Paddle Georgia 2009 Canoe-a-thon. The first option for registering for canoe-a-thon is setting up your own fundraising page at www.firstgiving.com/garivers. This is a great way to solicit hundreds of your friends, and because the online system tracks all giving, you can keep track of others competing for our great prizes! If you decide to use the “paper” method, this Pledge Sheet will allow you to solicit donations to Georgia River Network from family, friends, co-workers and neighbors.

GRN will use the funds for its programs and to provide grants to Coosawattee Watershed Alliance and New Echota Rivers Alliance, watershed groups that are working to protect the rivers you will be paddling. Simply use Page 2 of the Pledge Form to record the names of donors and the amount they donated. This money should be collected *at the time of the solicitation* and returned to Paddle Georgia in your collection envelope by June 20. Notify jan@garivers.org that you are participating in the canoe-a-thon and provide regular updates on your fundraising progress. Jan will be entering the off-line fundraising on the canoe-a-thon website. .

The Canoe-a-thon works just like a walk-a-thon. Ask prospective donors to sponsor your boat at a specific amount for each of the miles you’ll be paddling during Paddle Georgia 2009 (92 miles for thru-paddlers). \$1 per mile equals \$92!!

The money you raise goes to support Georgia River Network’s efforts to help people protect and restore rivers and watersheds by building local watershed group capacity and providing statewide policy analysis. The Coosawattee and Oostanaula rivers are part of North America’s most biologically diverse river basin (the Upper Coosa). These rivers harbor 30 endemic aquatic species, including 12 federally protected species. GRN will provide grants to the Coosawattee Watershed Alliance and the New Echota Rivers Alliance to support their efforts to protect this biological treasure trove.

More than \$2000 in prizes will be awarded to those participants generating the most money. The grand prize is a new canoe from Old Town. Other prizes include products from our sponsors, including a recreational kayak from The Outside World, a weekend getaway from the Villas at Coosawattee, clothing from Patagonia, a book gift package from Menasha Ridge Press, a weekend whitewater workshop from Nantahala Outdoor Center and a framed photograph by Paddle Georgia Coordinator, Joe Cook. Participants generating more than \$400 in Canoe-a-thon pledges may have their registration fees reimbursed! Prize winners will be announced during the week of Paddle Georgia. To be eligible for prizes ALL COLLECTIONS must be turned in at the Paddle Georgia registration desk by June 20—no exceptions

Thanks again for participating in the Canoe-a-thon. See you on the Coosawattee and Oostanaula!

Please return envelope collections to: Georgia River Network, 126 S. Milledge Ave. Suite E3, Athens, GA 30605 or return to GRN staff in person at Paddle Georgia on June 19 or 20.

(Do not mail cash)

YOUR DONATION IS TAX DEDUCTIBLE. Thank you for your support.

Sponsor's Name Address Phone Pledge Miles Paid

1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____
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24.	_____	_____	_____	_____	_____
25.	_____	_____	_____	_____	_____
26.	_____	_____	_____	_____	_____
27.	_____	_____	_____	_____	_____

TOTAL COLLECTED \$ _____

**Remember, all money must be returned to Georgia River Network via mail or in person at the Paddle Georgia registration desk by June 20 to be eligible for prizes.
Prizes will be awarded during Paddle Georgia**

Paddle Georgia 2009 Daily Itinerary

Friday, June 19

Boat Drop:	10:00-6:00	Gilmer County Park at Coosawattee River
Training:	11:00-3:00	Paddle Workshop—Carters Lake Ridgeway Boat Ramp
Kick Off Shuttle:	1:00-1:30	Kick Off Shuttle Loading and Departure-Rome's Heritage Park
Registration:	1:00-8:00	Registration at Gilmer County High School
Set- Up Camp:	2:00-7:00	Gilmer County High School
Dinner:	6:30-7:15	Kick-Off Feast provided by Satterfields Catering
Evening Program:	7:15-8:30	Welcome, Safety Briefing, PG 08 Slide Show and Video

Saturday, June 20

	No camp move - Gilmer County High School	
Registration:	7:00-9:00	Gilmer County High School
Boat Drop:	7:00-8:00	Gilmer County Park at Coosawattee River
Breakfast:	6:30-7:30	Provided by Gilmer County Schools
Launch:	7:00-9:00	Buses Leave for Park
6-mile Take-Out/Portage	11:00-2:00	Buses & Trailers Leave from Coosawattee River Resort
Take-Out:	2:30-5:00	Buses Leave from Ridgeway Boat Ramp
Field Trips & Programs	3:00-6:00	
Amenities Shuttle	5:00-6:30	Leaves from Campsite
Dinner/Evening Program:	6:30-8:30	Dinner & night in Ellijay courtesy of Gilmer County Chamber of Commerce

Sunday, June 21

	No camp move - Gilmer County High School	
Breakfast:	6:30-7:30	Provided by Gilmer County Schools
Launch:	7:00-9:00	Buses Leave for Ridgeway Boat Ramp
Take-Out:	2:30-5:00	Buses Leave from Carters Dams
Portage Around Dam	2:30-5:30	Trailers Leave to Re-regulation Dam Launch Site
Tours In Ellijay	4:00-6:00	Vans Leave Campsite at 4 p.m.
Amenities Shuttle	5:00-6:30	Leaves from Campsite
Dinner:	6:30-7:15	Provided by Satterfield's Catering
Evening Program:	7:15-8:30	Georgia Department of Natural Resources Wildlife Program

Monday, June 22

Pack Up Camp:	6:00-9:00	Moving to Calhoun High School
Breakfast:	6:30-7:30	Provided by Gilmer County Schools
Launch:	7:00-9:00	Buses Leave for Re-regulation Dam Launch Site
Take-Out:	2:30-5:00	Buses Leave Take Out to Calhoun High School
On River Tour	12:00-2:00	Riverview Organic Farm Tours
On River Tour	2:30-4:30	Archaeology with Jim Langford
Set Up Camp	3:00-7:00	Calhoun High School
Amenities Shuttle		Amenities within walking distance
Dinner:	6:30-7:15	Provided by Satterfield's Catering
Evening Programs:	7:15-8:30	Paddle Georgia Coosawattee/Oostanaula River Trivia Contest Or Local History with Jim Langford

Tuesday, June 23

	No camp move - Calhoun High School	
Breakfast:	6:30-7:30	Provided by Calhoun High School
Launch:	7:00-9:00	Buses leave for Launch Site
Take-Out:	2:30-5:00	Buses leave Ga. 225 for Calhoun High School
Tours	2:30-4:30	New Echota Historic Site Tours

Amenities Shuttle		Amenities within walking distance
Dinner:	6:30-7:15	Provided by Satterfield's Catering
Evening Program:	7:15-8:30	Contra Dance

Wednesday, June 24

No camp move - Calhoun High School

Breakfast:	6:30-7:30	Provided by Calhoun High School
Launch:	7:00-9:00	Buses leave for Ga. 225 Boat Ramp
Take-Out:	2:30-5:00	Buses leave from Ga. 156 to Calhoun High School
Amenities Shuttle		Amenities within walking distance
Dinner:	6:30-7:15	Provided by Satterfield's Catering
Evening Program:	7:15-8:30	Karaoke

Thursday, June 25

Pack Up Camp:	6:00-9:00	Moving to Armuchee High School
Breakfast:	6:30-7:30	Provided by Calhoun High School
Launch:	7:00-9:00	Buses Leave for Ga. 156
Take-Out:	2:30-5:00	Buses Leave from Ga. 140 to Armuchee High School
On River Program	2:00-4:30	Georgia Dept. of Natural Resources Aquatic Wildlife Exhibit at Take Out
Amenities Shuttle:	5:00-6:30	Leaves from campsite
Dinner:	6:30-7:15	Provided by Satterfield's Catering
Evening Program:	7:15-8:30	Paddle GA Idol Talent show

Friday, June 26

Pack Up Camp:	6:00-9:00	Moving to Rome's Heritage Park
Breakfast:	6:30-7:30	Provided by Armuchee High School
Launch:	7:00-9:00	Buses leave for Ga. 140 Boat Ramp
Take-Out:	2:30-5:00	Heritage Park
On River Tour	1:00-4:30	Chieftain's Museum
Set Up Camp	3:00-7:00	Rome Heritage Park
Amenities Shuttle	5:00-6:30	Leaves from campsite
Dinner:	6:30-7:15	River's End Feast provided by Coosa River Basin Initiative
Evening Program:	7:15-8:30	Awards, slide show, music and more!!

Saturday June 27

Pack Up Camp:	6:00-8:30	Rome
Breakfast:	6:00-8:30	Chick-Fil-A Biscuits provided by Rome Dwarf House Restaurant
River's End Shuttle:	8:30-9:30	Load Boats and Gear and Depart

Campsite Descriptions

Friday, June 19, Gilmer County High School: Home of the Bobcats, Gilmer County High School sits high on hill overlooking the Coosawattee River. The school, along with the adjacent Gilmer County Middle School, will serve as our campsite June 19, 20 and 21. Downtown Ellijay is two miles north on Old Ga. 5. Our Day 1 launch site is located within walking distance of the schools. Camping will be on the high school practice fields, and indoor camping will be in the middle school gym. The gym will serve as our dinner and evening program area. Breakfasts will be served in the middle school cafeteria.

Dinner and Programs Begin: 6:30 p.m.

Nearby amenities: An amenities shuttle to nearby grocery store will be available from 5-6:30 p.m. Convenience stores and fast food restaurants are within one mile of the campsite.

Evening Program: Welcome and announcements and safety briefing. Then re-live moments from Paddle Georgia 2008 with a slide show by Joe Cook and the debut of Bob Selwyn's Paddle Georgia 2008 video shot on the Flint River.

Alternative Accommodations: To view a list of accommodations in Ellijay visit: <http://www.gilmerchamber.com/motels.pdf> or contact the Gilmer County Chamber of Commerce at 706-635-7400.

Saturday, June 20, Gilmer County High School: See Above

Shuttle Distance to Launch Site: 0.5 mile. Shuttles will be available, but you are welcome to walk to the launch site starting at **7:30 AM**.

Shuttle Distance from Take Out Site at Ridgeway Boat Ramp (Sunday Launch Site): 12 miles

Shuttles to Downtown Ellijay for Dinner & Entertainment: Buses leave beginning at 4:00 p.m. Dinner served after 6 p.m.

Breakfast served: 6:30-8:00 a.m.

Nearby amenities: An amenities shuttle to a nearby grocery store will be available from 5-6:30 p.m.

Evening Program: A block party in downtown Ellijay featuring live music and food from area restaurants. Enjoy the Apple Capital of Georgia at twilight!

Sunday, June 21, Gilmer County High School: See Above

Shuttle Distance from Take Out Site at Carters Dam to campsite: 19 miles

Shuttle Distance to Monday Launch Site at Carters Re-regulation Dam: 20 miles

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-8:00

Nearby Amenities:. An amenities shuttle to a nearby grocery store will be provided from 5-6:30 p.m.

Evening Program: Georgia Department of Natural Resources biologists show off some of the terrestrial creatures that call the Coosa River Basin home in this live animal program.

Monday, June 22, Calhoun High & Middle Schools: Located in the heart of downtown Calhoun (pop. 13,570), the home of the Yellow Jackets will serve as our campsite for three nights as the Coosawattee and Oostanaula form a sweeping loop around the north end of town. Indoor camping with showers and toilets will be in the school gymnasium where we will hold our evening programs and serve dinners (in the gym, not the toilets!). Outdoor camping will be on athletic practice fields. Breakfast will be served in the cafeteria.

Shuttle Distance from Take Out in Ranger (Tuesday Launch Site) to campsite: 15 miles

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-7:30 a.m.

Nearby amenities: Most amenities are within walking distance of the school located in downtown Calhoun, including grocery store, pharmacy, convenience stores, restaurants and even an outfitter store.

Afternoon/Evening Program: TWO programs to choose from! If you think you already know it all, you can compete in the Paddle Georgia River Dog Millionaire trivia contest, but if you are wise enough to know you've still got a lot to learn, you can spend the evening with local historian and archaeologist, Jim Langford, as he shows off artifacts from the area and tells the story of the Coosawattee Valley and its earliest inhabitants. Prizes go to trivia contest winners; expanding intelligence goes to Jim's audience.

Alternative Accommodations: To view a list of accommodations in Calhoun visit: <http://www.exploregeorgia.org/gordoncounty/> or contact the Gordon County Chamber of Commerce at 800-887-3811

Tuesday, June 23 Calhoun High School: See above

Shuttle Distance from Take Out at Ga. 225 (Wednesday Launch Site) to campsite: 5 miles

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-7:30 a.m.

Nearby Amenities: See above

Afternoon Program: From 4-6 p.m. Michelle McClendon and our Project WET teachers will conduct water activities for kids (and adults). This is a veritable waterfest to learn everything you ever wanted to know about water but were afraid to ask. Example: How many paper clips can you float in a cup of water? And why can you perform this amazing feat?

Evening Program: Time to kick up your heels and join in a Paddle Georgia favorite: the fourth annual Contra Dance. Live musicians and callers will lead you through this fun group square dance. More experienced dancers, and those unashamed of their two-left feet, will even have a chance to waltz.

Wednesday, June 24 Calhoun High School: See above

Shuttle Distance from Take Out at Ga. 156 (Thursday Launch Site) to campsite: 4 miles

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-7:30 a.m. Meals will be served in the gymnasium

Nearby Amenities: See above

Evening Program: In preparation for Thursday night's Paddle Georgia Idol talent show, we're breaking out the karaoke machine. Bring your Elvis costumes; brush up on your Tina Turner moves; review your Garth Brooks' lyrics. This session will be led by Paddle Georgia Karaoke Queen April Ingle who always has the perfect song for every situation.

Thursday, June 25 Armuchee High School: Don't say "R-moo-chee;" In these parts, it's pronounced "R-mur-chee!" Home of the Indians, Armuchee High School sits off Martha Berry Highway just north of Rome. Camping will be in lawns and an open piney woods on the school grounds. Indoor camping will be in the school gymnasium and dinners and breakfasts will be served in the school cafeteria. Showers and toilets in the gym are bound to provide relief!

Shuttle Distance from Take Out at Ga. 140 (Friday Launch Site) to campsite: 6 miles

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-7:30 a.m. Meals will be served in the gymnasium

Nearby Amenities: Restaurants, grocery store and convenience store are located within one mile of campsite

Evening Program: The Paddle Georgia Idol Talent Show. Somewhere in each of us there's an artist just dying to get out. Work on your skits, stand up, songs, poems, acrobatics, performance art, stupid people tricks, etc. Anything goes in this often hilarious, occasionally touching, show of talent and...err...non-talent. Some instruments will be available.

Alternative Accommodations: To view a list of accommodations in the Armuchee/Rome area visit: <http://www.romegeorgia.org/ChildMenus/SideMenu/Store/tabid/167/CategoryID/1/Default.aspx> or contact the Rome Convention & Visitors Bureau at 800-444-1834

Friday, June 26 Heritage Park in Rome:

The town of Rome (pop. 36,463) sits at the confluence of the Etowah and Oostanaula rivers where the Coosa River begins its journey southwest through Alabama to Mobile Bay. Our campsite for the evening sits at the beginning of this river "behind the levee" at Rome's Heritage Park. A footbridge leads across the Oostanaula to downtown shops and eateries as well as the Rome History Museum and the historic Clocktower. Indoor camping will be beneath a large tent at the park. A hotel is located directly across the street from the park and other hotels are located close by, but be sure to stick around for the River's End Feast and Celebration featuring live classic rock from Rome's Red Eye Jedi and friends. Pull out your boat and prepare to party!

Shuttle Distance: Our take out site will also serve as our campsite. Those leaving their cars in Rome for the week will find them waiting at the Park!

Nearby amenities: Heritage Park is located in downtown Rome. Within a half mile are a convenience store, fast food restaurants, pharmacy and numerous eateries and shops along downtown's Broad Street. The nearest grocery store is 1.5 mile from park.

Evening Program: Awards and Final Ceremonies. Live music, dancing, hootin', hollerin', full body submersions in canoes filled with ice and, eventually, sleep.*nner Begins:* 6:30 p.m. *Breakfast:* Chick-fil-A biscuits courtesy of the Rome Dwarf House Restaurant

Driving Directions to Campsites

Just in case you or your family members need them, here are driving directions to our campsites during the week.

June 19-21 Gilmer County High School—

From Chattanooga: From I-75 in Chattanooga, go south 19 miles on I-75 to the Dalton/Rocky Face Exit (Exit 336). At exit, go east on North Dalton Bypass (US 41/Ga. 76). Follow Bypass 6 miles to US 76. Turn left on US 76 and continue 8 miles to US 411 in Chatsworth. At US 411, turn right and continue south 7 miles to US 76/Ga. 282. Turn left on to US 76/Ga. 282 and follow 16 miles to Old Ga. 5 in Ellijay. At stoplight, turn right on Ga. 382/Old Ga. 5. Follow 0.8 mile to Gilmer County High School/Middle School on right. Turn right and follow the Paddle Georgia signs..

From Atlanta: From I-75 and I-285 in Northwest Atlanta, go north on I-75 10 miles to I-575. Bear right on I-575 toward Canton. Follow I-575 30 miles until limited access ends. Continue on Ga. 515 (Zell Miller Mountain Parkway) an additional 20 miles and turn left to connect with Ga. 382/Old Ga. 5. At 0.1 mile turn right on Ga. 382/Old Ga. 5. At 1.5 miles, Ga. 382 (West) turns left at Greens Country Store. Continue straight on Ga. 382/Old Ga. 5 (East/North) 2.4 miles to Gilmer County High School/Middle School on left. Turn left and follow the Paddle Georgia signs.

June 22-24 Calhoun High School—From I-75 (Exit 312 Ga. 53 Rome/Fairmount) in Calhoun, take Ga. 53 west (turn left if traveling north on I-75, right if traveling south on I-75). Follow Ga. 53 one mile to redlight at US 41. Turn right at light and follow US 41 1.5 miles to Maple Street. Turn left on Maple Street, go one block, cross railroad tracks, bear to right and then left on to Pine Street. Follow two blocks to River Street. Turn right on River Street and school will be on left.

June 25 Armuchee High School—From I-75 (Exit 306 Ga. 140 Adairsville), take Ga. 140 west (turn left if traveling north on I-75, right if traveling south on I-75). Follow Ga. 140 16 miles to US 27. Turn left on US 27 and proceed 3.2 miles to Armuchee High School on left.

June 26 Heritage Park in Rome—From I-75 there are several routes.

From the north, take I-75 South to Exit 312 Ga. 53 Rome/Fairmount in Calhoun. Take Ga. 53 west (turn right). Follow Ga. 53 3.5 miles. At 3.5 miles bear left and continue on Ga. 53 to Rome. At 23 miles reach redlight at North Broad Street and Martin Luther King, Jr. Drive in Rome. Turn right at light and proceed one block to redlight at Turner McCall Blvd. Continue straight on to Broad Street and proceed 0.6 mile to 2nd Avenue. Turn right on 2nd Ave and proceed 0.5 mile to entrance to Heritage Park on left.

From the south, take I-75 North to Exit 290 Ga. 20 Rome/Canton in Catersville. Take Ga. 20 west (turn left) 2.2 miles to redlight at US 411. Turn left and then immediately right to ramp leading to US 41/Ga. 20 North. Follow US 41 2.8 miles to exit to Rome via US 411/Ga. 20 West. Follow US 411/Ga. 20 19 miles to Rome. At interchange (just beyond Ford Dealership), bear right on to US 27/Ga. 20 (Turner McCall Blvd.). Follow Turner McCall Blvd. 3.3 miles to 2nd Ave./Martha Berry Blvd (at Floyd Medical Center). Turn left and proceed 0.1 mile to entrance to Heritage Park on right.

Please consult a road atlas to identify the best routes from your location!!!

Kick Off & River's End Shuttle Info & Registration Form

Use this form to register for one of Paddle Georgia's two participant and boat shuttles for thru-paddlers. Shuttles for Paddle Georgia Lite will not be needed. Please select only one of these shuttles. If you do not choose to utilize one of these shuttles, you are responsible for making your own arrangements for transport of your body and boat.

1. June 19 (Kick-Off Day Shuttle) the day prior to Paddle Georgia's launch day (IF YOU ARE A TEACHER PARTICIPATING IN PROJECT WET TRAINING OR YOU ARE PARTICIPATING IN THE PADDLE WORKSHOP DO NOT USE THIS SHUTTLE. YOU'LL MISS YOUR TRAINING!!!)
2. June 27 (River's End Shuttle), the day following completion of Paddle Georgia.

Cost: \$25 per person / \$20 per boat

To register: Fill out and detach the registration form and return with check made payable to Georgia River Network before May 3

Kick-Off day Shuttle

Participants choosing this option will drive themselves, their boats and their gear to Rome's Heritage Park and park their vehicles in the assigned area. ****Those traveling from the north can drop their boats at the Gilmer County Park Launch Site in Ellijay (Day 1 Launch Site) to avoid paying the shuttle fee for boats. In Rome, charter buses will pick up participants and boats will be loaded on a tractor trailer. Boats will be transported to our June 20 Gilmer County Park Launch Site in Ellijay where they will be left overnight under secure conditions. Participants will be transported to Gilmer County High School where they will register, set up camp and meet other participants. On June 27, at the end of the journey, participants may retrieve their cars at Heritage Park.

The Kick Off Day Shuttle leaves from the parking area at Heritage Park at 1:30 p.m. on June 19 and arrives at Gilmer County High School at approximately 3:00 p.m. Participants should be at Rome's Heritage Park no later than 12:30 p.m. to begin loading boats and camp gear. PLEASE ARRIVE ON TIME!!!

****If you take this shuttle and you are arriving from the north, you can save money by dropping your boat at the launch site in Ellijay and then driving your car to Rome. A Paddle Georgia volunteer will be at the Gilmer County Park launch site by 10:00 a.m. Friday, giving you ample time to drop your boat and still make the shuttle in Rome by 12:30 p.m.

Directions to Heritage Park in Rome:

From the north, take I-75 South to Exit 312 Ga. 53 Rome/Fairmount in Calhoun. Take Ga. 53 west (turn right). Follow Ga. 53 3.5 miles. At 3.5 miles bear left and continue on Ga. 53 to Rome. At 23 miles reach redlight at North Broad Street and Martin Luther King, Jr. Drive in Rome. Turn right at light and proceed one block to redlight at Turner McCall Blvd. Continue straight on to Broad Street and proceed 0.6 mile to 2nd Avenue. Turn right on 2nd Ave and proceed 0.5 mile to entrance to Heritage Park on left.

From the south, take I-75 North to Exit 290 Ga. 20 Rome/Canton in Catersville. Take Ga. 20 west (turn left) 2.2 miles to redlight at US 411. Turn left and then immediately right to ramp leading to US 41/Ga. 20 North. Follow US 41 2.8 miles to exit to Rome via US 411/Ga. 20 West. Follow US 411/Ga. 20 19 miles to Rome. At interchange (just beyond Ford Dealership), bear right on to US 27/Ga. 20 (Turner McCall Blvd.). Follow Turner McCall Blvd. 3.3 miles to 2nd Ave./Martha Berry Blvd (at Floyd Medical Center). Turn left and proceed 0.1 mile to entrance to Heritage Park on right.

Journey's End Shuttle

Participants choosing this option will first drive their boat to the Gilmer County Park Launch Site in Ellijay on June 19 or the morning of June 20. They will drop their boats here and then drive their vehicles and gear to Gilmer County High School to register and set up camp (if arriving on June 19) or to park car and register (if arriving on June 20). On the morning of June 20, shuttle buses will carry all participants to the Gilmer County Park Launch Site.

On the morning of June 27 at 9:30 a.m. (the morning after the last day's paddle, the journey's end celebration and camping at Heritage Park), charter buses will pick up participants while their boats are loaded on a tractor trailer. Both boats and participants will then be transported to Gilmer County High School where participants may retrieve their vehicles and load their boats for the journey home. All boats must be dropped at the Gilmer County Park Launch Site by 6 p.m. on June 19 or between 7 and 8 a.m. on June 20.

The Journey's End Shuttle leaves Rome on June 27 at 9:30 a.m. and arrives at Gilmer County High School at approximately 11:00 a.m. Participants should be ready to load on the morning of June 27 no later than 9 a.m.

Directions to Gilmer County Park

From the North (Chattanooga): From I-75 in Chattanooga, go south 19 miles on I-75 to the Dalton/Rocky Face Exit (Exit 336). At exit, go east on North Dalton Bypass (US 41/Ga. 76). Follow Bypass 6 miles to US 76. Turn left on US 76 and continue 8 miles to US 411 in Chatsworth. At US 411, turn right and continue south 7 miles to US 76/Ga. 282. Turn left on to US 76/Ga. 282 and follow 16 miles to Old Ga. 5 in Ellijay. At stoplight, turn right on Ga. 382/Old Ga. 5. Follow 0.8 mile to Ellijay City Park on left. Turn left into park and unload your canoe where directed.

From the South (Atlanta): From I-75 and I-285 in Northwest Atlanta, go north on I-75 10 miles to I-575. Bear right on I-575 toward Canton. Follow I-575 30 miles until limited access ends. Continue on Ga. 515 (Zell Miller Mountain Parkway) an additional 20 miles and turn left to connect with Ga. 382/Old Ga. 5. At 0.1 mile turn right on Ga. 382/Old Ga. 5. At 1.5 miles, Ga. 382 (West) turns left at Greens Country Store. Continue straight on Ga. 382/Old Ga. 5 (East/North) 2.4 miles to Gilmer County Park on right. Turn right into park and unload your canoe where directed.

SHUTTLE REGISTRATION

Kick-off Day Shuttle

of Participants _____ x \$25 # of Boats _____ x \$20 TOTAL _____

Names of Participants taking this shuttle:

_____ Cell Phone # Contact: _____
(in case we need to contact you from the shuttle site)

1st Boat Make _____ Model _____ Color _____ Length _____
 2nd Boat Make _____ Model _____ Color _____ Length _____

River's End Shuttle

of Participants _____ x \$25 # of Boats _____ x \$20 TOTAL _____

Names of Participants taking this shuttle:

_____ Cell Phone # Contact: _____
(in case we need to contact you from the shuttle site)

1st Boat Make _____ Model _____ Color _____ Length _____
 2nd Boat Make _____ Model _____ Color _____ Length _____

Fill it out and return with other forms included in this packet. Please add up all additional fees and submit just one check to Georgia River Network with completed forms by May 3.

HELMET PURCHASE AND RENTAL

Insurance considerations require that all participants wear appropriate whitewater paddling helmets on Day 1 of the trip, whether you are doing the six-mile "short trip" or the full 13-mile day. Both sections include Class II rapids. Working with our sponsor, The Outside World, we are offering a discounted group rate for helmets of \$20 (a \$5 savings off the regular retail). This is a Shred Ready AHM Helmet, a model commonly used as a rental by whitewater outfitters. Georgia River Network will have a limited number of rental helmets available for \$10. **IF YOU DO NOT PLAN TO BRING YOUR OWN HELMET, YOU MUST COMPLETE THIS FORM AND EITHER PURCHASE OR RENT A HELMET!** Bicycle helmets are not acceptable.

To purchase your helmet, designate size and quantity. **THIS IS A PURCHASE, NOT A RENTAL:**

PURCHASE	QTY.	PRICE	TOTAL
Small (20 in. 6 ¼ hat size) (will fit youth 7 & Up)	_____	x \$20	_____
Medium (20 7/8 in.—6 5/8 hat size)	_____	x \$20	_____
Large (21 5/8 in.—6 7/8 hat size)	_____	x \$20	_____



To rent your helmet, designate size and quantity.
THIS IS A RENTAL, NOT A PURCHASE

RENT			
Small (20 in. 6 ¼ hat size) (will fit youth 7 & Up)	_____	x \$10	_____
Medium (20 7/8 in.—6 5/8 hat size)	_____	x \$10	_____
Large (21 5/8 in.—6 7/8 hat size)	_____	x \$10	_____

Total _____

Include this fee on the check you write to Georgia River Network and return by May 3.

Paddle Georgia 2008 Breakfast/Dinner Registration Sheet

Please fill out and return this form with other forms in this packet and add your total meal payment to your other fees included in one check. Return to Georgia River Network by May 3.

Please fill out one sheet for each individual in your party

Name: _____

PURCHASE THE FULL MEALS DEAL ALREADY? If so, please check here _____.

You do not need to fill out this form unless you need to order additional meals for friends and family joining you for the Kick Off Dinner on June 20 or River's End Feast on June 27.

VEGETARIAN? If so, please check here _____

GOT COFFEE? YES! Paddle Georgia sponsor Café Campesino will provide organic, free trade coffee each morning and evening for a fee.

DATE/MEAL/MENU	COST	\$TOTAL
June 19 Kick Off Dinner <i>(provided by Satterfield's Catering)</i> Hickory smoked BBQ pork, Brunswick stew, slaw, pickles, potato salad, tossed salad, breads, banana pudding and teas. Veggie Only Entrée: Red beans and rice	\$12 # of Additional Guests _____ Total X \$12	_____ _____ _____
June 20 Breakfast <i>(provided by Gilmer County Schools)</i> Scrambled eggs, bacon, sausage, veggie sausage grits, assorted ready-to-eat cereals, toast, assorted pastries fresh fruit, juice and milk	\$9	_____
June 20 Dinner <i>(provided by Gilmer County Chamber of Commerce)</i> It's a block party in downtown Ellijay! Enjoy a "taste of Ellijay" with your choice from several participating local restaurants.	\$12	_____
June 21 Breakfast <i>(provided by Gilmer County Schools)</i> Pancakes, bacon, sausage, veggie sausage, oatmeal, assorted pastries, assorted ready-to-eat cereals, fresh fruit, juice and milk	\$9	_____
June 21 Dinner <i>(provided by Satterfield's Catering)</i> Grilled chicken breast, broccoli casserole, tossed salad, field peas, bread, peach cobbler and teas. Veggie Only Entrée: Pasta salad	\$12	_____

June 22 Breakfast	\$9	_____
<i>(provided by Gilmer County Schools)</i>		
Scrambled eggs, bacon, sausage, veggie sausage hash brown potato casserole, biscuits, assorted ready-to-eat cereals, assorted pastries, fresh fruit, juice and milk		
June 22 Dinner	\$12	_____
<i>(provided by Satterfield's Catering)</i>		
Maple baked ham, raisin sauce on the side, macaroni and cheese, butter beans, salad, breads, apple cobbler and teas.		
Veggie Only Entrée: Red beans & rice		
June 23 Breakfast	\$9	_____
<i>(to benefit Calhoun High School)</i>		
Scrambled eggs, grits, sausage, biscuits, cereals, fruit, juice, milk		
June 23 Dinner	\$12	_____
<i>(provided by Satterfield's Catering)</i>		
BBQ chicken, potatoes au gratin, green beans, salad, bread, banana pudding and teas.		
Veggie Only Entrée: Pasta salad		
June 24 Breakfast	\$9	_____
<i>(to benefit the Calhoun High School)</i>		
Scrambled eggs, bacon, oatmeal, toast, cereals, fruit, juice, milk		
June 24 Dinner	\$12	_____
<i>(provided by Satterfield's Catering)</i>		
Beef tips, rice, squash casserole, tossed salad, bread, peach cobbler and teas.		
Veggie Only Entrée: Quiche		
June 25 Breakfast	\$9	_____
<i>(provided by Calhoun High School)</i>		
Breakfast burritos, cereals, donuts, fruit, juice, milk		
June 25 Dinner	\$12	_____
<i>(provided by Satterfield's Catering)</i>		
Low Country Boil with shrimp, sausages, slaw, cheese grits, salad, bread, banana pudding and teas.		
Veggie Only Entrée: Macaroni and cheese		

June 26 Breakfast	\$9	_____
<i>(Provided by Armuchee High School)</i>		
Eggs, grits, bacon, sausage, pancakes, biscuits, fruit, juice, milk		

June 26 River's End Feast	\$15 per person	_____
<i>(provided by Coosa River Basin Initiative)</i>		
Fried catfish, fries, onion rings, hushpuppies,	# of Additional Guests	_____
fried vegetables, cheese grits, cole slaw,		
soft drinks, tea, water	Total	_____

TOTAL MEAL CHARGES

Please combine these fees with other fees and send one check payable to Georgia River Network to GRN, 126 S. Milledge Ave., Suite E3, Athens, GA 30605 before May 3 (postmarked). If you choose not to register for meals, you are responsible for providing your own meals. Remember, no cooking is permitted at campsites.

Kick off Dinner: We invite all Paddle Georgia participants to join us for the Kick Off Dinner at Gilmer County High School. Dinner will be served by Satterfield's Catering and will be followed by a slide show on Paddle Georgia 2008 and the debut of Bob Selwyn's documentary video on Paddle Georgia 2008. A mandatory safety procedure briefing and other special items will also be included in the evening's program.

River's End Dinner: We invite all Paddle Georgia participants to share their experience with others by inviting family and friends to the River's End Dinner at Rome which will feature a fish fry, live classic rock music, an awards ceremony, Paddle Georgia 2009 testimonials and a Paddle Georgia 2009 Slide Show. Don't miss this mud-between your toes, grease on your fingers, foot-stomping good time!

Other Meal Considerations

Paddle Georgia encourages you to take advantage of the Paddle Georgia Meal Plan. However, where practical a shuttle van will run participants to and from nearby amenities for quick pick up of grocery items and other necessities. You should not expect to have time for a sit-down meal when utilizing the amenities shuttle as it only runs for approximately two hours each evening. Please see "Campsite Descriptions" for a listing of nearby amenities for each campsite.

You may supply your own meals, but cooking is not permitted at campsites and access to ice is not guaranteed.

Paddle Georgia Lunch Registration Form 2009

\$8 Sack lunches come with your choice of sandwiches on whole wheat bread along with fruit cup, Kettle Chips, fresh fruit (apple or orange) and dessert. **Use one Lunch Registration Sheet for each participant.** You will pick up your sack lunch AT THE CAMPSITE following breakfast. **If you have already purchased the full meal plan, please choose your sandwich and other items and write “PrePaid” in the total column.**

Name _____

DATE/MEAL/MENU \$TOTAL (\$8 for each lunch ordered)

June 21

Select one of the following Sandwiches _____

- Peanut Butter & Jelly Turkey Salad
- Smoked Turkey Ham and Cheese
- Hummus Tortilla Wrap—Hummus & Veggies

June 22

Select one of the following Sandwiches _____

- Peanut Butter & Jelly Turkey Salad
- Smoked Turkey Ham and Cheese
- Hummus Tortilla Wrap—Hummus & Veggies

June 23

Select one of the following Sandwiches _____

- Peanut Butter & Jelly Turkey Salad
- Smoked Turkey Ham and Cheese
- Hummus Tortilla Wrap—Hummus & Veggies

June 24

Select one of the following Sandwiches _____

- Peanut Butter & Jelly Turkey Salad
- Smoked Turkey Ham and Cheese
- Hummus Tortilla Wrap—Hummus & Veggies

June 25

Select one of the following Sandwiches _____

- Peanut Butter & Jelly Turkey Salad
- Smoked Turkey Ham and Cheese
- Hummus Tortilla Wrap—Hummus & Veggies

June 26

Select one of the following Sandwiches _____

- Peanut Butter & Jelly Turkey Salad
- Smoked Turkey Ham and Cheese
- Hummus Tortilla Wrap—Hummus & Veggies

June 27

Select one of the following Sandwiches _____

- Peanut Butter & Jelly Turkey Salad
- Smoked Turkey Ham and Cheese
- Hummus Tortilla Wrap—Hummus & Veggies

TOTAL _____

Please combine these fees with your other fees and send one check payable to Georgia River Network to: **GRN 126 S. Milledge Ave. Suite E3 Athens, GA 30605 by May 3 (postmarked).**

paddling Workshop Info & Registration Form

A basic paddling skills workshop will be held Friday, June 19 at the Ridgeway Boat Ramp on Carters Lake from 11 a.m. to 3 p.m. This workshop is free for interested Paddle Georgia participants and is designed for beginning paddlers and novices wishing to brush up on their paddling skills before the big event. The workshop will be taught by ACA certified instructors.

The workshop will cover basic paddling strokes and boating safety.

Everyone participating should bring a boat, paddles, personal flotation device for each participant in your party, a whistle or other emergency sounding device, and proper fitting shoes that will not come off in the water. Participants should also bring their own lunches and plenty of water as the workshop will include a “working lunch.”

Participants should begin arriving at the workshop site at 10 a.m. to complete registration and prepare boats. The workshop will begin at 11 a.m. Please be prompt!

Directions to Ridgeway Boat Ramp:

From I-75 South (Chattanooga): From I-75 in Chattanooga, go south 19 miles on I-75 to the Dalton/Rocky Face Exit (Exit 336). At exit, go east on North Dalton Bypass (US 41/Ga. 76). Follow Bypass 6 miles to US 76. Turn left on US 76 and continue 8 miles to US 411 in Chatsworth. At US 411, turn right and continue south 7 miles to US 76/Ga. 282. Turn left on to US 76/Ga. 282 and follow 11 miles to Dotson Road on the right. Turn right and follow Dotson Road 1 mile. At one mile, the road forks, bear to the left on Ridgeway Road. Follow Ridgeway Road 3.3 miles (Ridgeway will become dirt road) to road on right. Turn right and follow 0.5 mile to parking area at boat ramp.

From I-75 North (Atlanta): From I-75 and I-285 in Northwest Atlanta, go north on I-75 10 miles to I-575. Bear right on I-575 toward Canton. Follow I-575 30 miles until limited access ends. Continue on Ga. 515 (Zell Miller Mountain Parkway) an additional 20 miles and turn left toward Old Ga. 5/Ga. 382. At 0.1 mile turn right on Ga. 382/Old Ga. 5. At 1.5 miles, Ga. 382 West turns left at Greens Country Store. Continue straight on Ga. 382/Old Ga. 5 east/north to 3.2 miles to redlight at Ga.282/US 76. Turn left (west) and follow Ga. 282/US 76 7.4 miles to Dotson Road. Turn left and follow Dotson Road 1 mile. At one mile, the road forks, bear to the left on Ridgeway Road. Follow Ridgeway Road 3.3 miles (Ridgeway will become dirt road) to road on right. Turn right and follow 0.5 mile to parking area at boat ramp.

After the Workshop you will need to drop your boat at the Gilmer County Parks Launch Site in Ellijay. Return to Ga. 282/US 76, turn right, go 7.4 miles to intersection with Old Ga. 5/Ga. 382. Turn right (south) on Old Ga. 5/Ga. 382 and proceed 0.8 mile to Gilmer County Park on the left.

To sign up for the workshop, please fill out the registration form below and return with other forms in this packet to Georgia River Network by May 3.

Name: _____ E-Mail: _____

Address: _____ City/State/Zip _____

#of Individuals Participating: _____ # of Boats: _____

Phone #: _____

Special Tours Information & Registration Form

Paddle Georgia will offer several educational tours of local points of interest during the week. To register for these tours, simply write the names of the people in your party that wish to participate in the tour and send in this form!

June 21 Carters Reservoir & Dam Tour: From 2-4 p.m., U.S. Army Corps of Engineers Rangers at the Carters Dam project will provide interpretive walks/talks atop Carters Dam, the tallest earthen dam east of the Mississippi. Learn about the history of the site and the engineering involved in harnessing the Coosawattee for hydro-power. No cost, no pre-registration required, talks will begin every 30 minutes.

June 21 Ellijay "Produce, not Produce Section" Tour—Take a tour of agri-business in Gilmer County, Georgia's Apple Capital. Visit apple houses, orchards, etc and learn about the importance of local farmers, community gardens and farmer's markets. Limited to 15 participants. Tour leaves GCHS at 4 p.m. and returns at 6 p.m.

Total # of Participants: _____ Names: _____

June 21 Ellijay Arts About Town Tour—Take a tour of the arts in Gilmer County with visits to the RT Henson Museum, Gilmer Arts & Heritage Museum, Apple Country Artist Co-Op and a private art studio. Limited to 15 participants. Tour leaves GCHS at 4 p.m. and returns at 6 p.m.

Total # of Participants: _____ Names: _____

June 22 Riverview Organic Farm Tour: Georgia's largest organic farm is nestled on the banks of the Coosawattee some eight miles down river from the Carters Reregulation Dam. Join the Swancy family for a tour of their 150 acre farm where they raise beef, pork, and vegetables. In operation for 30 years, the farm was certified organic in 2000, Riverview farm markets its products through small urban markets, a large community-supported agriculture co-op and to restaurants. Charlotte Swancy family will provide two hour-long tours. The first tour will begin at 11 a.m. and the second tour will begin at Noon. No cost, but Pre-registration required. Limited to 25 people on each tour.

Total # of Participants: _____ Tour time Preferred: 11 a.m. _____ Noon _____.

Names: _____

June 22 Archeological Study of the Coosawattee River Valley with Jim Langford: The Coosawattee flows through a land rich in Native American history, and among the riverfront property owners working to preserve this heritage is Jim Langford, noted Georgia archaeologist and founder of the Coosawattee Foundation. Join Jim at the end of your day's paddle for a tour of his property to learn more about the area's history and participate in an active archaeological dig at Jim's property. Participants should reach the day's take out at Jim's property by 2:15. The program will run from 2:30 to approximately 4:30. No cost, but pre-registration is required.

Total # of Participants: _____ Names: _____

June 23 New Echota Historic Site Tours: In 1825, the Cherokee national legislature established a capital called New Echota at the headwaters of the Oostanaula River. New Echota was the site of the first Indian language newspaper office, one of the earliest experiments in national self government by an Indian tribe, the signing of a treaty which relinquished Cherokee claims to lands east of the Mississippi River, and the assembly of Indians for removal west on the infamous Trail of Tears. Today, visitors can see 12 original and reconstructed buildings. Join Georgia State Historic Site rangers for a two-hour guided tour at 2:30 p.m. or take a self-guided tour any time between 2:30-4:30. Cost: \$4 per person for guided tour or \$5 per person for entry fee for self-guided tour. Pre-registration required for guided tour. Pay your entry fee for both guided and unguided tours when you arrive for the tour.

(For guided tour only! No need to register for self-guided tours!) Total # of Participants: _____

Names: _____

June 26 Chieftain's Museum Tour:

Visit another Trail of Tears site in the Major Ridge home known now as Chieftain's Museum. Located on the banks of the Oostanaula, as the home of Major Ridge the site played a significant part in the history of the Cherokee Nation. Ridge was one of the signers of the Treaty of New Echota, selling all Cherokee lands in exchange for a new home in Oklahoma. Ridge operated a large plantation from the home as well as a ferry across the river. The Rome-Floyd County park adjacent to Cheiftain's is known as Ridge Ferry Park. Pull out at the site of the old ferry and tour the home. Cost: \$3 Adults \$1.50 Students No pre-registration required. Pay this fee when you arrive for the tour.

Please return this form with your other forms to Georgia River Network by May 3: **Georgia River Network, 126 S. Milledge Ave. , Suite E3 , Athens, GA 30605**

Georgia Adopt-A-Stream Workshop Registration

Georgia Adopt-A-Stream instructors will offer on-the-river chemical water quality monitoring workshops on Sunday, June 21 and Monday June 22. During these two days, we will stop at several locations to demonstrate chemical monitoring protocols, collecting and testing water quality samples. By participating in this training, you'll have the opportunity to assist in Paddle Georgia's assessment of the health of the Coosawattee and Oostanaula rivers and their tributaries. When you return home, you'll have a greater understanding of rivers and streams, and you'll be certified to conduct routine water quality monitoring on a local waterway.

Once certified, interested participants will be encouraged to assist the monitoring team by conducting additional sampling during the course of the week. By participating in this workshop, you will gain first hand knowledge of the many issues our rivers are facing. Join us for two days of fun on the river!

Write your name below and check the appropriate boxes if you would like to participate in the workshop and conduct water monitoring during the week of Paddle Georgia.

Name: _____

- Yes, I would like to participate in an Adopt-A-Stream chemical water monitoring workshop.
- Yes, I would like to assist with the stream health assessment of the Coosawattee and Oostanaula rivers and their tributaries.
- I am currently certified or have been certified by Adopt-A-Stream in Chemical Monitoring.

For questions regarding the Georgia Adopt-A-Stream training, contact Harold Harbert at 404-675-1639. You can also learn more about Georgia Adopt-A-Stream by visiting www.georgiaadoptastream.org.

Please return this form with others in this packet to Georgia River Network by May 3: **Georgia River Network, 126 S. Milledge Ave. , Suite E3 , Athens, GA 30605**



AMERICAN CANOE ASSOCIATION MEMBERSHIP FORM



All minor participants in ACA-insured activities must be ACA members in one of the following categories (choose one):

I am currently an ACA member. My member number appears below. (Check here if renewing with this form <input type="checkbox"/>)	<input type="checkbox"/>	I would like a one-year Student Membership for \$25 (Under 18, or under 23 with copy of student ID)	<input type="checkbox"/>
I would like an ACA Introductory Membership for \$10 (Six month full membership with benefits, including Paddler Magazine)	<input type="checkbox"/>	I would like an ACA Event Membership for \$5 (One activity membership, no member benefits)	<input type="checkbox"/>

AMERICAN CANOE ASSOCIATION MINOR WAIVER & RELEASE OF LIABILITY READ BEFORE SIGNING

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Paddlesports and related Activities and that I am qualified, in good health, in proper physical condition to participate in such Activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.

2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

MINOR PARTICIPANT: I, THE MINOR PARTICIPANT, HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Minor Name (print) _____ Minor Date of Birth _____ ACA # (if any) _____

Minor Street Address _____ Minor Phone _____

Minor City _____ Minor State _____ Minor Zip _____ Minor Email _____

Date _____ Minor Signature _____

PARENT OR GUARDIAN: I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF PADDLESPTS AND RELATED ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Parent/Guardian Name (print) _____ Parent/Guardian ACA # (if any) _____

P/G Street Address _____ P/G Phone _____

P/G City _____ P/G State _____ P/G Zip _____ P/G Email _____

Date _____ Parent / Guardian Signature _____

Activity Description _____ Sponsoring Org. _____ Activity Date _____



AMERICAN CANOE ASSOCIATION MEMBERSHIP FORM



All participants in ACA-insured activities must be ACA members in one of the following categories (choose one):

I am currently an ACA member. My member number appears below. (Check here if renewing with this form <input type="checkbox"/>) <input type="checkbox"/>	I would like a one-year ACA Paddle America Club Membership for: (check & circle one) Individual \$30 Family (2 adults & minors) \$40 <input type="checkbox"/>	I would like a one-year ACA Membership for: (check & circle one) Individual \$40 Family (2 adults & minors) \$60 <input type="checkbox"/>
I would like a one-year Student Membership for \$25 (under 18, or under 23 with copy of student ID) <input type="checkbox"/>	I would like an ACA Introductory Membership for \$10 (Six month full membership with benefits, including Paddler Magazine) <input type="checkbox"/>	I would like an ACA Event Membership for \$5 (one activity membership, no member benefits) <input type="checkbox"/>

AMERICAN CANOE ASSOCIATION ADULT WAIVER & RELEASE OF LIABILITY READ BEFORE SIGNING

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of paddlesports and related activities and that I am qualified, in good health, in proper physical condition to participate in such activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.

2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name (print) _____ Date of Birth _____ ACA # (if any) _____

Street Address _____

City _____ State _____ Zip _____

Email _____ Phone _____

Date _____ Adult Signature _____

Name / Description of Activity or Event _____

Sponsoring Club / Organization _____ Activity Date _____