



Welcome to Paddle Georgia 2010! In this document you'll find all you need to know to prepare and participate in this year's adventure. Please review the following information carefully.

VERY IMPORTANT!! Please fill out all registration forms applicable to you and RETURN TO GEORGIA RIVER NETWORK BY MAY 3!

Registration Packet Contents

Page 1..... Registration Checklist
 Page 2..... Mission Statement & General Policies
 Page 3..... Directions to River / Registration
 Page 4..... Map of Emmanuel College
 Page 5..... Safety
 Page 9..... What to Bring
 Page 10..... Canoe-a-thon Pledge Sheets
 Page 12..... Daily Itinerary
 Page 14..... Campsite Descriptions
 Page 18..... Driving Directions to Camp
 Page 19..... Kick Off & River's End Shuttle Info & Registration Form
 Page 22..... Helmet Purchase/Rental Form
 Page 23..... Emmanuel College Special Accommodations
 Page 24..... Breakfast & Dinner Info & Registration Form
 Page 27..... Lunch Info & Registration
 Page 28..... Paddle Workshop Info & Registration Form
 Page 29..... Special Tours Info & Registration Form
 Page 31..... Adopt-A-Stream Info & Registration Form
 Page 32..... Adult Waiver
 Page 33..... Minor Waiver

Registration Checklist

Please review this carefully! We need LOTS of information from you to make the trip run smoothly.

Additional Registration Fees

- Did you sign up for the Kick Off or River's End Shuttles? _____
- Did you register for breakfast & dinner (if you didn't purchase meals with registration)? _____
- Did you register for lunch (please remember to choose your sandwich for each lunch!)? _____
- Did you rent or purchase a helmet? _____
- Did you reserve a dormitory room at Emmanuel College? _____
- Did you register for any special tours that require shuttle fees? _____
- Did you register for the June 18 paddle workshop? NA
- Did you sign up for Adopt-A-Stream training or water monitoring? NA
- Did you sign your waiver? Must provide original copy, cannot accept faxed versions NA

TOTAL ADDITIONAL REGISTRATION FEES

Use this sheet as a cover and return all registration forms and additional fees with one check to Georgia River Network, 126 S. Milledge Ave. Suite E3 Athens, GA 30605 by May 3 (postmarked)

Paddle Georgia Mission Statement, General Policies and Registration Logistics

Mission Statement:

Paddle Georgia is an annual week-long paddling adventure, open to all paddling skill levels, created for the sole purpose of having a great time while engaging and empowering citizens so that they may become involved in the protection and restoration of Georgia's rivers. Each year, it serves as a fundraiser for Georgia River Network and the local watershed group working to protect the year's paddling route.

About the Paddle Georgia "Navy:"

In its first five years, more than 1,500 people have participated in Paddle Georgia. Our participants come from all walks of life and have ranged in age from 4 to 74. In addition to experiencing the beauty of Georgia's rivers, these individuals have experienced a rare and unique sense of community during their week long journeys.

Paddle Georgia *is not* a commercial, for-profit guided trip for individuals. *It is* an educational community adventure led by volunteers and staff of non-profit organizations and depends on well-prepared and self-sufficient individuals and the pooled efforts of the entire Paddle Georgia Navy. As such, participants should come prepared to take care of all their own needs and to volunteer their services during the course of the week. These services include assisting at launch sites/take outs, loading/unloading gear trucks, serving dinners, breakfasts and lunches, or lending a hand to your paddling friend when one is needed.

If you wish to be pampered by professional guides, this isn't the trip for you. But, if you want to experience a real community, brought together under a common goal and by the thrill of adventure, Paddle Georgia is.

On Baggage:

Each paddler is limited to **a total of 40-pounds of luggage**. You have to haul your baggage and place it in the trailer each morning that we move campsite, and haul it back to your campsite at each new campsite. After paddling all day (about 8,000 paddle strokes per day), a 40-pound bag is *really* heavy. We recommend you pack as lightly and tightly as possible. This saves your back and the backs of your fellow paddlers. *Everyone is expected to assist with the loading and unloading of the gear trailer during the week.*

Your gear should be packed so that it will not get wet. In the afternoon, your baggage will be removed and placed outside the gear truck where it will be exposed to the elements. Furthermore, overnight rains will result in gear being packed up wet. A wet tent on top of your clothes bag will result in wet clothes. Plan on inclement weather and make sure you have a bag that will protect important gear in the event of rain.

Please place a label on your luggage with your name on it!!!

On Boats:

All paddlers should be aware that throughout this trip, there will be many rocky shoals that could damage boats made of delicate materials. Furthermore, in some locations it will be difficult to maneuver in long sea kayaks. Only boats that can be carried by yourself and (if needed) 1 other person are appropriate for this trip.

Reduce, Reuse and Recycle on Paddle Georgia:

In an effort to reduce the amount of waste created on our journey, please bring **Reuseable Plate and Utensils**. Dishwashing stations will be available at each meal so that you can easily clean these items after each meal. This will result in less waste of one-use paper and plastic products. At on site registration you will receive a Paddle Georgia commemorative cup. Write your name on it, and use it throughout the week

How do I get to the River?

Paddle Georgia provides two options for getting you to the river and shuttled back to your vehicle—our Kick Off and River’s End shuttles, available for an additional charge. Please review the information on Page __ to decide if you wish to utilize one of these shuttles. Register for one or the other (NOT BOTH!).

If you plan on providing your own shuttle transportation, here’s what you will need to do:

1. Drop your boat at Slow Water Outfitters property off U.S. 29 at the Broad River.
2. Proceed to Emmanuel College
3. Arrange for someone to pick you up at the end of your journey or make arrangements suited to your specific needs.

Directions to Franklin Springs and Emmanuel College from I-85 South (South Carolina/Georgia State Line): From I-85 at the GA/SC line, go south 6 miles to the Ga. 17 Exit (Exit 173). At exit, go south on Ga. 17 toward Lavonia. Follow Ga. 17 9 miles to Canon. In Canon, Ga. 17 becomes Broad Street. Bear to the right at College Ave., staying on Ga. 17 to Royston. Three miles outside Canon come to intersection with Ga. 17 Bypass. Continue straight on Ga. 17 Business 1 mile to U.S. 29. Turn right on U.S. 29 and proceed 2 miles to Franklin Springs. Turn right on Westclock Circle (before reaching pedestrian bridge over highway) and follow signs to parking area at Emmanuel College Swails Center.

Directions to Franklin Springs and Emmanuel College from I-85 North (Atlanta): From I-85 and I-285 in Northeast Atlanta, go north on I-85 65 miles to Ga. 51 (Exit 160). Turn right (east) and go 10 miles to Ga. 145. Turn right and go 1.2 mile to U.S. 29. Turn left and proceed 1 mile to Franklin Springs and Emmanuel College. Pass beneath pedestrian bridge and turn left on to Westclock Circle. Follow this road around to parking entrance for Swails Center.

Directions to Boat Drop at SlowWater Outfitters from Swails Center: Return to U.S. 29 and go south 3.7 miles to entrance to SlowWater Outfitter on right. Turn right and follow dirt road to staging area.

Boat Drop Off Times: June 18 10 a.m. to 6 p.m.
June 19 7 a.m. to 8 a.m.

Directions to Franklin Springs and Emmanuel College from SlowWater Outfitters: Return to U.S. 29 and go north 3.7 miles to Swails Center at Emmanuel College. Follow the Paddle Georgia signs to parking and registration.

Registration

All participants must register at Emmanuel College Swails Center. Upon registration, you will receive your event packet which includes items like your Paddle Georgia 2010 T-shirt and your on-river maps and descriptions.

Registration Times: June 18 1 p.m.-8 p.m.
June 19 7 a.m.-9 a.m.

Note: Participants arriving earlier than 1 pm on June 18 will not be allowed to set up or register early.

On the following page, please find a map of Emmanuel College that will help you orient yourself upon arrival.

Paddle Georgia 2010 Safety Guidelines

Paddle Georgia participants should be aware that this canoe trip is not a commercially-guided trip. While Georgia River Network and Paddle Georgia staff and safety personnel will be available on the river during each day's paddle, we cannot personally ensure the safety of all participants. Unlike a commercial trip in which paid guides direct you through each bend of the river, Paddle Georgia is designed to be your adventure, and as such, you are responsible for your own safety.

The following guidelines should be understood before disembarking and followed during the entirety of Paddle Georgia 2010.

Paddle Georgia Safety Policies

1. Alcoholic beverages are prohibited.
2. All participants **must** attend the pre-launch safety briefing. Participants must adhere to the safety guidelines presented.
3. Participants must wear a properly fitted U.S. Coast Guard approved personal floatation device at all times on the river.
4. Participants under age 18 are the responsibility of, and must be accompanied by, a parent or guardian. Parents are responsible to supervise those under 18 at all times, including at the campsite.
5. Sorry, no pets allowed.
6. All participants must sign a Medical and Emergency Contact Information sheet and a Waiver of Claims and Release of Liability form. Parents must sign for children under the age of 18. (These forms are included in this packet.)
7. Person-powered watercraft only. All boats should be of a size and weight that can be carried by 2 adults.
8. All participants must respect private property along the river as well as be respectful of property and policies at our campsites.

Violations of these policies can result in the participant being removed from the event without refund.

Skill Level Required:

Paddle Georgia is suitable for novice paddlers, but Day 1 does include some Class II rapids. Day 4 also includes potential Class II rapids. Paddlers should have a basic understanding of paddle strokes and should be able to control their vessels in moving water. If you are new to paddling, we highly recommend that you take a canoe/kayak paddling course prior to Paddle Georgia. Paddle Georgia will also offer a paddle workshop on Friday, June 18 (see details page 28).

Day 1 stretches 13 miles from U.S. 29 to Ga. 172. This section of river includes several Class II rapids. To accommodate novice paddlers, Day 1 includes a "7-mile take out" option that permits novice paddlers to avoid the most difficult whitewater between Mile 7 and Mile 13.

Day 4 includes Anthony Shoals. In high water these shoals approach Class II level. Safety boats will guide you through these rapids and point you to possible alternate routes if you wish to avoid this set of shoals.

*******Our insurance policy requires that all boaters wear protective helmets when navigating Class II rapids. Please bring protective head gear. Paddle Georgia will provide helmet rentals for those individuals that do not have helmets. YOU WILL NOT BE PERMITTED TO PADDLE DAY 1 OR DAY 4 WITHOUT A HELMET! See page 22 for information on how to purchase or rent a helmet. Bicycle helmets are not acceptable.**

Weather:

Average High Temperature: 87 F; Average Low Temperature: 61 F

Average June Rainfall: 5.13 inches

Hazards:

Strainers—Strainers are branches, trees or vegetation partially or totally submerged in the river's current often found along the river's edge. These hazards allow only water to pass through freely. The current will pull anything else down, plastering it into place, similar to the action of a kitchen colander. It is best to approach submerged trees or logs along the river bank from the downstream side to avoid having the current pin your boat against the obstacle or flipped by the force of the water. You should also avoid grabbing on to low hanging branches of partially submerged vegetation as this action can often cause your boat to capsize. To avoid a multi-boat pile up, leave enough room between boats to allow each boat to safely navigate around these obstacles.

Weather—Strong thunderstorms and high winds are not uncommon on summer afternoons in Georgia. In the event of inclement weather that includes the risk of lightning, paddle to shore, secure your boat and find cover under a dense stand of small trees. Avoid open areas, especially open areas with solitary trees, and avoid gathering in large groups. By dispersing yourselves over a large area, you reduce the risk of lightning striking numerous individuals at one time. Squatting, with your feet on a pfd or seat cushion, is a good idea when in the midst of a thunderstorm (while on solid ground—not in your boat!).

Sun and Heat—Hats and appropriate sun screen are recommended. If you get too hot, the river comes with built in air conditioning. You should carry plenty of water to avoid *dehydration*. Sports drinks with electrolytes are also recommended. The first two days are usually the most difficult as we acclimate from spending lots of time in air conditioned buildings to spending all day in 80-90-degree heat. Prepare by drinking lots of fluids in the days leading up to the trip.

Water Temperature—The combination of cold water and a cold afternoon thunderstorm raises the risk of dangerous changes in body temperature. Be prepared with rain gear and layered clothing that stays warm even when wet (avoid cotton).

Trash—Unfortunately, the Broad and Savannah rivers collect refuse from surrounding communities. Proper footwear and exercising caution can prevent unnecessary injuries. Participants should wear sandals or shoes that provide adequate protection from broken bottles, rusted appliance parts and tin cans and anything else you might find at your local landfill.

Venomous Snakes—The Broad and Savannah rivers and the land surrounding them are potential habitats for two venomous snakes—rattlesnakes and copperheads. If you encounter any snakes, simply leave them alone. Should you have the misfortune of being bitten, remain calm and get medical assistance as quickly as possible. Bites from these venomous snakes are rarely fatal, given proper medical attention. At any given moment on this trip you will not be more than a few hours from a hospital. Water moccasins are not found this far north in Georgia.

Terra Firma—On their journey through the Piedmont and into the Coastal Plain, the Broad and Savannah wind past varied terrain. Please step carefully when paying visits to land.

Your Fellow Paddlers—This is a journey involving many individuals with varying degrees of skill level. Space yourselves so that you do not interfere with one another when running shoals and rapids and when maneuvering around strainers. Pile ups on the river can be just as dangerous as those that occur on interstate highways.

What to Bring on the Water

1. At least two paddles for each boat.
2. PFD—every Paddle Georgia participant must wear a Coast Guard approved personal flotation device at all times while on the river (no ifs, ands, buts or “gee, it’s really hot!”)
3. Every canoe should have two lines, a bow line and a stern line 8-10 feet each in length secured in such a way that they are readily accessible, but cannot come loose accidentally. Loose rope increases the risk of entanglement in the event of capsizing. Kayaks should have grab loops at both bow and stern.
4. An extra throw rope in case of emergencies should be stored safely in each boat.
5. Attach a whistle to your life vest or body to signal for help in case of emergency.
6. A Knife
7. Waterproof matches or other fire source in waterproof covering.
8. First Aid Kit—while boats will be on the river with basic first aid supplies, each vessel should bring a first aid kit stored inside a waterproof covering.
9. A repair kit—each vessel should be able to make their own repairs (duct tape, sealant, waterproof tape and other materials are recommended)
10. Rain Gear—Be prepared to get wet and potentially cold. Every participant should have access to a lightweight jacket or cover, rain jacket and rain pants in a waterproof covering.
11. Change of Clothes—Be prepared to take an unexpected swim. Every participant should have access to a dry change of clothes kept in a waterproof covering
12. Appropriate footwear that will protect your feet from unseen underwater hazards and permit you to walk comfortably on land when launching and taking out and in the event that you must exit the Paddle Georgia course.
13. Sunscreen—Sunburn might be the trip’s biggest hazard.
14. Water Bottle or Two —At least three quarts per person per day is recommended. Bring sufficient water for the day’s paddle for everyone in your boat. Also consider bringing electrolyte packs or powdered sports drink mix to add to your water to avoid dehydration. Drinking water is not available along the Paddle Georgia route and no drink is provided w/ sack lunches. Many paddlers will fill one bottle with water and another with sports drinks (provided each morning in large coolers for you to fill your own bottle).
15. Food—There is little access to food along the Paddle Georgia route. Sack lunches are provided to participants for a fee (See Lunch Registration Form). No drink is included with the lunch. You may choose to use this service or make arrangements for your own on-river lunches and snacks.
16. Dry Bag or Ziploc—Bring a waterproof bag to protect items you don’t want to get wet, including your lunch.
17. Mosquito Net and/or bug spray.

Paddle Georgia “Buddy System”

Paddle Georgia will rely on the “Buddy System” to ensure that all participants arrive safely at the day’s take-out point. Before each day’s paddle, identify your “buddy boat or boats.” This will be the boat or group of boats with whom you will paddle for the day. The group is responsible for ensuring that no one is left behind. Do not lose sight of your buddy boat or members of your buddy boat group. Participants who have not identified a buddy boat for the day’s paddle will not be permitted to launch from the day’s put-in point. A sweep boat will bring up the rear of the day’s paddle to further ensure that no one is left behind.

Other Considerations

What do I do if I capsize? On slow moving water, stay with your boat and swim it to shore or shallow water where you can dump the water and right your vessel. It floats even when full with water and can support you if you become tired. Make sure your belongings are secured to your boat to keep from losing them in the event of a capsize. Other boats should be around to assist in recovering any belongings and help you right your boat.

In fast-moving water or rapids, get away and upstream from your canoe until you reach slower moving water. Float on your back, feet downstream. Don’t try to stand in fast-moving water. Rocks or other objects can trap

your feet and the force of the water can hold you under. Moving canoes filled with water can pin or crush paddlers against rocks or trees.

In the event of inclement weather... As noted above, thunderstorms are not uncommon during Georgia summers, however, usually these afternoon-variety showers do not last long. If you are on the river during a storm event, take appropriate cover as described above, wait out the storm and continue your journey when it appears safe. Protective facilities along the river for large groups are not available.

Paddle Georgia will make every effort to ensure that each day's paddle is completed in full. However, if all-day dangerous weather is predicted, Paddle Georgia will be cancelled for the day. Boats will be shuttled to the day's next put-in point and participants will be shuttled to the day's next campsite. Rain alone does not constitute dangerous weather. All participants are expected to paddle rain or shine, or they may make their own arrangements for moving themselves and their boats to the next put-in and campsite. Exceptions may be made for families paddling with small children.

Swimming... Swimming is permitted with PFDs, but of course, swim at your own risk. There are many excellent swimming holes along the entire route of Paddle Georgia. Water quality on this journey varies due to point and non-point source pollution. Water quality is generally at its least healthy immediately following rain events—this is especially true downstream of urban areas.

Private Property... As you will see, the Broad and Savannah rivers take you through many a neighbor's backyard. Private property must be respected. It is illegal to trespass onto someone's property, and it is an offense that is prosecutable by law. You may not enter someone's property unless you have first received permission. At least one rest stop, with portable toilet facilities and/or restrooms will be available at the approximate midway point of each day's paddle, therefore it is imperative that you make use of bathroom facilities when they are available. If nature calls, please use a camp trowel and cover all human waste appropriately or carry a sealable plastic bag to remove your waste with you.

Communication in the Event of Emergency... There will be cellular phones on the river at all times (one with the lead boat, one with the sweep boat and others in between). In the event of an emergency, attempt to signal or locate a boat with a cellular phone. The participants in these boats can communicate with land-based emergency personnel and on-the-water motorized boats where available.

Universal River Signals... Paddle Georgia participants are expected to use universal river signals to communicate with other boats. They are as follows:

- Stop: Potential Danger Ahead—Form a horizontal bar with your paddle and outstretched arms above your head. Those seeing this signal should pass it back to others in the party. Participants should wait for the “all clear signal” before proceeding.
- All Clear—Form a vertical bar with your paddle, raising your arm and paddle above your head. The paddle blade should be turned flat for maximum visibility. This means the trip can proceed. To signal direction or preferred course through an obstacle, lower the all clear to a 45 degree angle toward the side of the river with the preferred route.
- Help/Emergency—Wave paddle over your head and give three long blasts on your whistle. Whistles are best carried attached to your life vest. This means other paddlers should assist the signaler as quickly as possible.
- I'm OK—Holding your elbow out to the side, repeatedly pat the top of your head with your hand. This signals that you are not hurt and do not need assistance.

What Do I Bring?

(here's a checklist of suggested items!)

- Helmet for Class II Rapids (rental helmets will be available, see page 19 of this packet)
- Tent
- Ground Cloth
- Sleeping Bag or Sleep Sack
- Sleeping Pad
- Reusable Plate/Utensils (*wash stations provided*)
- Clothing for week
- Waterproof Stuff Sacks for Camp Gear
- Waterproof stuff sack or case for lunch and other on river items.
- Rain gear
- Footwear
- Clothes/Swimsuit
- First Aid Kit
- Sunscreen
- Necessary Medication
- Insect Repellent
- Whistle
- Towel/Wash Cloth
- Soap, Toothpaste, Toiletries
- Flashlight
- Book
- Camera/Film
- Watertight cases for Boat
- Fishing Gear/License
- Duct Tape
- Sponge
- Bailer
- Water Bottles (*at least 2 quart bottles for each person*)
- Snacks for river and camp
- Hat or Cap (*don't forget to get your Paddle Georgia hats!*)
- Extra Length of Rope
- Ear Plugs (*Some of our paddlers snore!*)
- Sleep Shades (*Lights out at 11 p.m.*)
- Laptop & Blackberry (*optional and frowned upon!*)
- Water Guns/Cannon (*optional and encouraged*)
- Flexible mindset ☺

Paddle Georgia 2010 Canoe-a-thon Pledge Form



Name _____

Address _____

City/State/Zip _____

Phone _____ E-mail _____

*To benefit
Georgia River Network
Broad River Watershed Association
& Savannah Riverkeeper*

Thank you for participating in the Paddle Georgia 2010 Canoe-a-thon. This Pledge Sheet will allow you to solicit donations to Georgia River Network from family, friends, co-workers and neighbors. GRN will use the funds for its programs and to provide grants to Broad River Watershed Association and Savannah Riverkeeper, watershed groups that are working to protect the rivers you will be paddling. Simply use Page 2 of the Pledge Form to record the names of donors and the amount they donated. This money should be collected *at the time of the solicitation* and returned to Paddle Georgia in your collection envelope by June 19. You may also utilize our online donation system at www.firstgiving.com/garivers. This is a great way to solicit hundreds of your friends, and because the online system tracks all giving, you can keep track of others competing for our great prizes!

The Canoe-a-thon works just like a walk-a-thon. Ask prospective donors to sponsor your boat at a specific amount for each of the miles you'll be paddling during Paddle Georgia 2010 (82 miles for thru-paddlers). \$1 per mile equals \$82!!

The money you raise will support Georgia River Network's efforts to help people protect and restore rivers and watersheds by building local watershed group capacity and providing statewide policy analysis. The Broad and Savannah rivers, the earliest rivers to be explored by Georgia's founders, continue to serve as the lifeblood for communities from Franklin Springs to Savannah. GRN will provide grants to the Broad River Watershed Association (www.brwa.org) and Savannah Riverkeeper (www.savannahriverkeeper.org) to support their efforts.

More than \$2000 in prizes will be awarded to those participants generating the most money. Prizes include a new canoe, a recreational kayak from The Outside World and other products and services from our sponsors and supporters. Please visit our website: www.garivers.org for updated lists of Canoe-a-thon prizes. Participants generating more than \$200 will receive a Paddle Georgia dry bag. Participants generating more than \$430 in Canoe-a-thon pledges may request to have their registration fees reimbursed! Prize winners will be announced during the week of Paddle Georgia. To be eligible for prizes ALL COLLECTIONS must be turned in at the Paddle Georgia registration desk by June 19—no exceptions

Thanks again for participating in the Canoe-a-thon. See you on the Broad and Savannah!

Please return envelope collections to: Georgia River Network, 126 S. Milledge Ave. Suite E3, Athens, GA 30605 or return to GRN staff in person at Paddle Georgia on June 18 or 19.

(Do not mail cash)

YOUR DONATION IS TAX DEDUCTIBLE. Thank you for your support.
Donations of More than \$35 Receive a Year's Membership in Georgia River Network

Sponsor's Name

Address

Phone

Pledge Miles

Paid

1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
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25.	_____	_____	_____	_____	_____
26.	_____	_____	_____	_____	_____
27.	_____	_____	_____	_____	_____
28.	_____	_____	_____	_____	_____

TOTAL COLLECTED \$ _____

Remember, all money must be returned to Georgia River Network via mail or in person at the Paddle Georgia registration desk by June 19 to be eligible for prizes. Prizes winners will be announced during the week of Paddle Georgia.

Paddle Georgia 2010 Daily Itinerary

Friday, June 18

Boat Drop:	10:00-6:00	Slow Water at U.S. 29 on the Broad River
Training:	11:00-3:00	Paddle Workshop
Kick Off Shuttle:	1:30	Kick Off Shuttle Departs-Augusta (Savannah Riverkeeper office)
Registration:	1:00-8:00	Registration at Swails Center Emmanuel College
Set- Up Camp:	2:00-7:00	Emmanuel College
Dinner:	6:30-7:30	Kick-Off Feast provided by Satterfields Catering
Evening Program:	7:30-8:30	Welcome, Safety Briefing, PG 09 Slide Show and Video

Saturday, June 19

No camp move		Emmanuel College
Registration:	7:00-8:00	Swails Center at Emmanuel College
Boat Drop:	7:00-8:00	Slow Water at U.S. 29 on the Broad River
Breakfast:	6:30-7:30	Provided by Emmanuel College
Launch:	7:00-9:00	Buses Leave for Launch Site
7-mile Take-Out/Portage	11:00-2:00	Buses & Trailers Leave from Broad River Outpost
On River Tour	11:00-1:00	Broad River Natural Area
Take-Out:	2:00-5:00	Buses Leave from Ga. 172
Tours/Amenities Shuttle	4:00-6:30	Ty Cobb Museum, Emmanuel College & Franklin Springs Tour
Dinner:	6:30-7:30	Dinner provided by Satterfields Catering
Evening Program:	7:30-8:30	Wild Animals with the Charlie Elliot Wildlife Center!

Sunday, June 20

Pack Up Camp:	6:00-8:00	Moving to Elbert County High School
Breakfast:	6:30-7:30	Provided by Emmanuel College
Launch:	7:00-9:00	Buses Leave for Launch Site
Take-Out:	1:30-4:30	Buses Leave from Ga. 72
On River Tour	2:00-4:00	Turner Concrete Co. Sand Dredge
Set Up Camp	3:00-7:00	Elbert County High School
Tours In Elberton	4:00	Bus Leave Campsite at 4 p.m. for Georgia Guidestones
Amenities Shuttle	5:00-6:30	Leaves from Campsite
Dinner:	6:30-7:30	Provided by Satterfield's Catering
Evening Program:	7:30-8:30	Water Issues with Savannah Riverkeeper/Broad River Watershed Association

Monday, June 21

No camp move		Elbert County High School
Breakfast:	6:30-7:30	Provided by Elbert County High School
Launch:	7:00-9:00	Buses Leave for Launch Site
Take-Out:	2:00-5:00	Buses Leave from Ga. 77
Amenities Shuttle	5:00-6:30	Leaves from Campsite
Tours In Elberton	4:00	Bus Leaves Campsite at 4 p.m. for Rock Quarry
Dinner:	6:30-7:30	Provided by Downtown Elberton Restaurants
Evening Programs:	7:30-8:30	Street Party with Live Music in Elberton

Tuesday, June 22

No camp move		Elbert County High School
Breakfast:	6:30-7:30	Provided by Elbert County High School
Launch:	7:00-9:00	Buses leave for Launch Site
Take-Out:	2:30-5:00	Buses leave from Broad River Campground at Ga. 79
Tours In Elberton	4:00	Bus Leaves Campsite for Monument Co. and Museum
Amenities Shuttle	5:00-6:30	Leaves from Campsite

Dinner:	6:30-7:30	Provided by Satterfield's Catering
Evening Program:	7:30-8:30	Contra Dance

Wednesday, June 23

Pack Up Camp:	6:00-8:00	Moving to Greenbrier High School
Breakfast:	6:30-7:30	Provided by Elbert County High School
Launch:	7:00-9:00	Buses leave for Launch Site
Take-Out:	1:30-4:30	Buses leave Hesters Ferry Campground for GHS
Portage of Clarks Hill	1:30-4:30	Trailers leave Hesters Ferry Campground for Clarks Hill Dam
Amenities Shuttle	5:00-6:30	Leaves from Campsite
Dinner:	6:30-7:30	Provided by Satterfield's Catering
Evening Program:	7:30-8:30	Talent Show

Thursday, June 24

No camp move		Greenbrier High School
Breakfast:	6:30-7:30	Provided by Greenbrier High School
Launch:	7:00-9:00	Buses Leave for Clarks Hill Dam Launch Site
On River Tour	8:00-10:00	Clarks Hill Dam Tours with Corps of Engineers
Take-Out:	2:00-5:00	Buses Leave from Savannah Rapids Pavilion (SRP)
On River Tour	2:00-4:00	Stallings Island Tours
On River Tour	4:00-6:00	Augusta Canal Headgates & Museum
Shuttles to SRP	4:00-8:45	Shuttles to and from SRP
Amenities Shuttle:	5:00-6:30	Leaves from campsite
Dinner:	6:00-7:00	Provided by Satterfield's Catering at SRP
Evening Program:	7:00-8:30	2010 Gubernatorial Candidates Forum at SRP

Friday, June 25

Pack Up Camp:	6:00-8:00	Moving to Augusta Savannah Riverkeeper Site
Breakfast:	6:30-7:30	Provided by Greenbrier High School
Launch:	7:00-9:00	Buses leave for SRP
On River Tour	10:00-12:00	Augusta Waterworks Tour
Take-Out:	1:00-5:00	Savannah Riverkeeper Site
Tours In Augusta	1:00-5:00	Augusta Canal Petersburg Boat Tours
Set Up Camp	2:00-7:00	Savannah Riverkeeper Site
River's End Celebration	1:00-9:00	Games, Live Music, Food!
Amenities Shuttle		None Provided
Dinner:	5:30-6:30	River's End Feast provided by Savannah Riverkeeper
Evening Program:	6:30-9:00	Awards, slide show, music and more!!

Saturday June 26

Pack Up Camp:	6:00-8:30	Savannah Riverkeeper Site
Breakfast:	6:00-8:30	On Your Own
River's End Shuttle:	8:30-9:30	Load Boats and Gear and Depart

Campsite Descriptions

Friday, June 18, Emmanuel College: Home of the Lions and the 2009 NCCAA National Basketball Champions, Emmanuel College sits on 150 acres in the heart of Franklin Springs, including the mineral spring from which the town draws its name. It will serve as our campsite June 18 and 19. The town of Royston with many amenities is 1.5 miles east on Ga. 29. Camping will be on intramural fields. The old-style gymnasium will serve as indoor camping and dorm rooms will be available for additional charges. The campus straddles U.S. Hwy. 29 and a walking bridge connects camping areas and dormitories with the Swails Center where we will serve dinner and conduct evening programs. Breakfasts will be served in the school's dining hall. A pool is available. Children under 16 must be accompanied by an adult (no bikinis at pool).

Dinner and Programs Begin: 6:30 p.m.

Nearby amenities: An amenities shuttle to Royston with grocery store, drug store and restaurants will be available from 5-6:30 p.m. A convenience store and McDonald's are within one mile of the campsite to the west on US 29; Royston is 1.5 miles east.

Evening Program: Welcome and announcements and safety briefing. Then re-live moments from Paddle Georgia 2009 with a slide show by Joe Cook and Bob Selwyn's Paddle Georgia 2009 video shot on the Coosawattee and Oostanaula rivers.

Alternative Accommodations:

Franklin Inn 1234 East Main Street, Royston, GA (706) 245-7241

Ramada Inn Royston 841 Hartwell Street, Royston, GA (706) 246-0256

Saturday, June 19, Emmanuel College: See Above

Shuttle Distance to Launch Site: 3.7 miles

Shuttle Distance from Take Out Site at Ga. 172 (Sunday Launch Site): 13.4 miles

Breakfast served: 6:30-8:00 a.m.

Nearby amenities: An amenities shuttle to Royston will be available from 5-6:30 p.m.

Evening Program: Georgia Department of Natural Resources Animal Program sure to delight young and old alike!

Sunday, June 20, Elbert County High School: Home of the Blue Devils, Elbert County Comprehensive High School sits 1.5 miles outside of downtown Elberton, a town known as the Granite Capital of the World. Indeed, granite is everywhere in this county of 23,000. Interestingly, the school's famed "Granite Bowl" football stadium will seat two-thirds of the county's residents. We will camp on lawns at the high school and in the school's air conditioned gymnasium.

Dinner and Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-8:00

Nearby amenities: An amenities shuttle to grocery store, drug store and restaurants will be available from 5-6:30 p.m. There are no amenities within one mile of the school.

Afternoon Program: From 4-6 p.m. Michelle McClendon and our Project WET teachers will conduct water activities for kids (and adults). This is a veritable waterfest to learn everything you ever wanted to know about water but were afraid to ask. Example: How many paper clips can you float in a cup of water? And why can you perform this amazing feat?

Evening Program: Talking Water with the local experts. Representatives from Savannah Riverkeeper and the Broad River Watershed Association will talk to you about their rivers and the challenges these rivers face.

Alternative Accommodations:

Days Inn, 302 Elbert Street, Elberton, GA - (706) 283-2300

Super 8, 625 Elbert Street, Elberton, GA - (706) 213-9007

EconoLodge, 970 Elbert Street, Elberton, GA

Budget Inn, 927 Elbert Street, Elberton, GA - (706) 283-0100

Holiday Inn Express, 970 Elbert Street, Elberton, GA - (706) 283-8811

Daynite Inn, 925 Elbert Street, Elberton, GA - (706) 283-4221

Taxi Service:

B & S Express Taxi 706-283-3196

Shuttle Distance from Take Out Site at Ga. 72 (Monday Launch Site): 9 miles

Monday, June 21, Elbert County High School: See Above

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-8:00

Evening Program: Street Party with live music in downtown Elberton

Shuttle Distance from Take Out at Ga. 77 (Tuesday Launch Site): 9 miles

Tuesday, June 22 Elbert County High School: See above

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-8:00

Evening Program: Time to kick up your heels and join in a Paddle Georgia favorite: the sixth annual Contra Dance. Live musicians and callers will lead you through this fun group square dance. More experienced dancers, and those unashamed of their two-left feet, will even have a chance to waltz.

Shuttle Distance from Take Out at Ga. 79 (Wednesday Launch Site): 22 miles

Wednesday, June 23 Greenbrier High School: Home of the Wolf Pack, Greenbrier is a modern facility in the heart of the Augusta's growing and upscale northern suburbs. In fact, new housing developments surround the school. In 1950, the county's population was just 9,000. Today, more than 105,000 call Columbia home and the county has the distinction of ranking 3rd among Georgia's 159 counties in terms of average household income.

Dinner & Programs Begin: 6:30 p.m. *Breakfast served:* 6:30-7:30 a.m.

Nearby Amenities: An amenities shuttle to grocery store, drug store and fast food restaurants about one mile from the school will be available from 5-6:30 p.m.

Evening Program: Break out the guitars, exercise those vocal cords, loosen up those hips...it's time for Paddle Georgia Idol, a talent show that will have everyone "lookin' like a fool with their pants on the ground!"

Shuttle Distance to Clarks Hill Dam (Thursday Launch Site): 15 miles

Shuttle Distance from Take Out at Savannah Rapids Pavilion (Friday Launch Site): 12 miles

Thursday, June 24 Greenbrier High School: See Above

Dinner & Programs Begin: 6:00 p.m. *Breakfast served:* 6:30-8:00

Evening Program: Special Dinner and Governor's Candidate Forum at Savannah Rapids Pavilion. Enjoy a Satterfields dinner in the air conditioned Savannah Rapids Pavilion event center overlooking the Savannah River and Augusta Canal. Then hear from both Democratic and Republican candidates for Georgia Governor. Shuttles will run to and from the campsite throughout the afternoon.

Nearby Amenities: An amenities shuttle to grocery store, drug store and fast food restaurants about one mile from the school will be available from 5-6:30 p.m.

Alternative Accommodations:

Mariott, 2011 Vineyard Way, Evans, GA - (706) 504-3024

Taxi Service near Evans (Augusta):

Checker Cab-Augusta (706) 736-3006

Signal Cab Co. (706) 836-7749

Sunshine Taxi (706) 733-2655

Friday, June 25 Savannah Riverkeeper Site in Augusta:

Augusta—Georgia's second largest city—got its start because of the Savannah River and remains a distinctly river town. Our campsite for the evening sits on the banks of the Savannah between the Augusta Rowing Club Boathouse and Savannah Riverkeeper office and industrial facilities along the riverfront. Games, food and live music will highlight the afternoon as paddlers get off the river. Shuttles will be provided to Augusta's Enterprise Mill and Augusta Canal Interpretive Center for guided boat rides up the historic Augusta Canal. The afternoon ends with our traditional fish fry meal and celebration. Pull out your boat and prepare to party! "Indoor" camping will be under a large tent and covered pavilion. Tent camping on the grass next to the river. No shower or restroom facilities—porta-toilets only.

Shuttle Distance: Our take out site will also serve as our campsite. Those leaving their cars in Augusta for the week will find them waiting!

Nearby amenities: Downtown Augusta with multiple amenities is 1.5 miles from our take out site.

Dinner & Programs Begin: 5:30 p.m. *Breakfast:* On your own

Evening Program: Awards and Final Ceremonies with live bluegrass music, dancing, dunking booths, disc golf, horseshoes and games. Plus fly fishing demonstrations, homemade canoe displays, full body submersions in canoes filled with ice, and eventually, sleep. *Dinner Begins:* 5:30 p.m.

Alternative Accommodations:

Budget Inn, 41 Broad Street, Augusta, GA - (706) 722-0212
Queen Anne Inn, 406 Greene Street, Augusta, GA - (706) 723-0045
Regency Inn, 444 Broad Street, Augusta, GA - (706) 724-8100
Marriott Hotel & Suites, 2 10th Street, Augusta, GA - (706) 722-8900
Country Suites By Carlson, 3 9th Street, Augusta, GA - (706) 774-1400

Taxi Service near Evans (Augusta):

Checker Cab-Augusta (706) 736-3006
Signal Cab Co. (706) 836-7749
Sunshine Taxi (706) 733-2655

Driving Directions to Campsites

Just in case you or your family members need them, here are driving directions to our campsites during the week.

June 18-19 Emmanuel College—

From I-85 Southbound: From I-85 at the GA/SC line, go south 6 miles to the Ga. 17 Exit (Exit 173). At exit, go south (turn right) on Ga. 17 toward Lavonia. Follow Ga. 17 9 miles to Canon. In Canon Ga. 17 becomes Broad Street. Bear to the right at College Ave., staying on Ga. 17 to Royston. Three miles outside Canon come to intersection with Ga. 17 Bypass. Continue straight on Ga. 17 (Bus) 1 mile to U.S. 29. Turn right on U.S. 29 and proceed 2 mile to Franklin Springs. Turn right on Westclock Circle (before reaching pedestrian bridge over highway) and follow signs to parking area at Emmanuel College Swails Center.

From I-85 Northbound: From I-85 and I-285 in Northeast Atlanta, go north on I-85 65 miles to Ga. 51 (Exit 160). Turn right (east) and go 10 miles to Ga. 145. Turn right and go 1.2 mile to U.S. 29. Turn left and proceed 1 miles to Franklins Springs and Emmanuel College. Pass beneath pedestrian bridge and turn left on to Westclock Circle. Follow this road around to parking entrance for Swails Center.

June 20-23 Elbert County High School—From Ga. 51 (Exit 160) on I-85 go east 10 miles to Ga. 145. Turn right and go 1.2 mile to U.S. 29. Turn left and proceed three miles to downtown Royston and Church Street (Ga. 17). Turn right and proceed 0.4 mile to intersection with Ga. 281. Bear left, staying on Ga. 17. Proceed 7 miles to Bowman and then 10 more miles to Elberton. In Elberton, Ga. 17 merges with Ga. 72. From the Ga.17/Ga. 72 merge proceed 0.5 mile to Jones Street on right. Turn right and proceed 0.7 mile to school entrance on the right.

June 23-25 Greenbrier High School—From I-20 near Augusta, take the U.S. 221 Exit (Appling-Harlem Exit 183) Go north U.S. 221 on 2.5 miles to Columbia Road. Turn right and proceed 4.7 miles to William Few Parkway. Turn left and proceed 5.4 miles to Washington Road. Cross Washington Road and continue 1.5 miles to Greenbrier Elementary. Turn left and high school is straight ahead.

June 25 Savannah Riverkeeper Site— From I-20 at River Watch Parkway Ga. 104 (Exit 200), take River Watch Parkway south toward Augusta. Proceed 4.5 miles to 15th Street. Turn right on 15th Street. Turn left at next light onto Broad Street. Follow Broad through downtown and Olde Town. At East Boundary Street take a left. Follow East Boundary through the levy (you will see signs for the Riverkeeper office). The office is the small building after the boat ramp.

Please consult a road atlas to identify the best routes from your location!!!

Kick Off & River's End Shuttle Info & Registration Form

Use this form to register for **one** of Paddle Georgia's two participant and boat shuttles for thru-paddlers. Shuttles for Paddle Georgia Lite will not be needed. Please select **only one** of these shuttles. If you do not choose to utilize one of these shuttles, you are responsible for making your own arrangements for transport of your body and boat.

1. June 18 (Kick-Off Day Shuttle) the day prior to Paddle Georgia's launch day (IF YOU ARE A TEACHER PARTICIPATING IN PROJECT WET TRAINING OR YOU ARE PARTICIPATING IN THE PADDLE WORKSHOP DO NOT USE THIS SHUTTLE. YOU'LL MISS YOUR TRAINING!!!)
2. June 26 (River's End Shuttle), the day following completion of Paddle Georgia.

Cost: \$27 per person / \$20 per boat

To register: Fill out and detach the registration form and return with check made payable to Georgia River Network **before May 3**

Kick-Off day Shuttle

Participants choosing this option will drive themselves, their boats and their gear to Augusta's Savannah Riverkeeper site and park their vehicles in the assigned area. In Augusta, charter buses will pick up participants and boats will be loaded on a tractor trailer. Boats will be transported to our June 19 Slow Water Launch Site near Franklin Springs where they will be left overnight under secure conditions. Participants will be transported to Emmanuel College where they will register, set up camp and meet other participants. On June 25, at the end of the journey, participants' cars will be waiting for them at the Savannah Riverkeeper site take-out.

The Kick Off Day Shuttle leaves from the parking area at the Savannah Riverkeeper site at 1:30 p.m. on June 18 and arrives at Emmanuel College at approximately 3:30 p.m. Participants should be at the Savannah Riverkeeper site no later than 12:30 p.m. to begin loading boats and camp gear. PLEASE ARRIVE ON TIME!!!

****If you take this shuttle and you are arriving from the north, you can save money by dropping your boat at the launch site near Franklin Springs and then driving your car to Augusta. A Paddle Georgia volunteer will be at the Slow Water launch site by 10:00 a.m. Friday, giving you just enough time to drop your boat and still make the shuttle in Augusta by 12:30 p.m.

Directions to Savannah Riverkeeper Site in Augusta: From I-20 at River Watch Parkway Ga. 104 (Exit 200), take River Watch Parkway south toward Augusta. Proceed 4.5 miles to 15th Street. Turn right on 15th Street. Turn left at next light onto Broad Street. Follow Broad through downtown and Olde Town. At East Boundary Street take a left. Follow East Boundary through the levy (you will see signs for the Riverkeeper office). The office is the small building after the boat ramp.

Journey's End Shuttle

Participants choosing this option will first drive their boat to the Slow Water Launch Site near Franklin Springs on June 18 or the morning of June 19. They will drop their boats here and then drive their vehicles and gear to Emmanuel College to register and set up camp (if arriving on June 18) or to park car and register (if arriving on June 19). On the morning of June 19, shuttle buses will carry all participants to the Slow Water Launch Site. All boats must be dropped at the Slow Water Launch Site by 6 p.m. on June 18 or between 7 and 8 a.m. on June 19.

On the morning of June 26 at 9:30 a.m. (the morning after the last day's paddle, the journey's end celebration and camping at the Savannah Riverkeeper site), charter buses will pick up participants while their boats are loaded on a tractor trailer. Both boats and participants will then be transported to Emmanuel College where participants' vehicles will be waiting to load boats and gear for the journey home.

The Journey's End Shuttle leaves Augusta on June 26 at 9:30 a.m. and arrives at Emmanuel College at approximately 11:30 a.m. Participants should be ready to load on the morning of June 26 no later than 9 a.m.

Directions to Slow Water Launch Site

From I-85 Southbound: From I-85 at the GA/SC line, go south 6 miles to the Ga. 17 Exit (Exit 173). At exit, go south (turn right) on Ga. 17 toward Lavonia. Follow Ga. 17 9 miles to Canon. In Canon Ga. 17 becomes Broad Street. Bear to the right at College Ave., staying on Ga. 17 to Royston. Three miles outside Canon come to intersection with Ga. 17 Bypass. Continue straight on Ga. 17 Business 1 mile to U.S. 29. Turn right on U.S. 29 and proceed 2 mile to Franklin Springs. Continue through Franklin Springs on U.S. 29 3.7 miles to entrance of Slow Water property on the right. Turn right and follow dirt road to staging area

From I-85 Northbound: Take Ga. 51 (Exit 160). Turn right (east) and go 10 miles to Ga. 145. Turn right and go 1.2 mile to U.S. 29. Turn right and proceed 2.7 miles to entrance of Slow Water property on the right.

Directions to Emmanuel College from Slow Water Launch Site: Return to U.S. 29 and turn left. Proceed 3.7 miles to entrance to Emmanuel College Swails Center on left.

SHUTTLE REGISTRATION

If you prepaid for a shuttle at registration, check here _____

Kick-off Day Shuttle

of Participants _____ x \$27 # of Boats _____ x \$20 TOTAL _____ Names of

Participants taking this shuttle:

Cell Phone Contact #: _____
(in case we need to contact you from the shuttle site)

1st Boat Make _____ Model _____ Color _____ Length _____

2nd Boat Make _____ Model _____ Color _____ Length _____

River's End Shuttle

of Participants _____ x \$27 # of Boats _____ x \$20 TOTAL _____ Names of

Participants taking this shuttle:

Cell Phone Contact #: _____
(in case we need to contact you from the shuttle site)

1st Boat Make _____ Model _____ Color _____ Length _____

2nd Boat Make _____ Model _____ Color _____ Length _____

Fill it out and return with other forms included in this packet. **If you did not pre-pay for a shuttle, please add up all additional fees and submit just one check to Georgia River Network with completed forms by May 3.**

HELMET PURCHASE AND RENTAL

If you prepaid for a helmet, check here ___ and fill out your size below.

Insurance considerations require that all participants wear appropriate whitewater paddling helmets through Class II rapids. We will experience Class II rapids on Day 1 and Day 4. Working with our sponsor, The Outside World, we are offering a discounted group rate for helmets of \$25 (a \$5 savings off the regular retail). This is a Shred Ready AHM Helmet, a model commonly used as a rental by whitewater outfitters. Georgia River Network will have a limited number of rental helmets available for \$10. **IF YOU DO NOT PLAN TO BRING YOUR OWN HELMET, YOU MUST COMPLETE THIS FORM AND EITHER PURCHASE OR RENT A HELMET!** Bicycle helmets are not acceptable.

To purchase your helmet, designate size and quantity. **THIS IS A PURCHASE, NOT A RENTAL:**

PURCHASE	QTY.	PRICE	TOTAL
Small (20 in. 6 ¼ hat size) (will fit youth 7 & Up)	_____	x \$25	_____
Medium (20 7/8 in.—6 5/8 hat size)	_____	x \$25	_____
Large (21 5/8 in.—6 7/8 hat size)	_____	x \$25	_____



To rent your helmet, designate size and quantity. **THIS IS A RENTAL, NOT A PURCHASE**

RENT	QTY.	PRICE	TOTAL
Small (20 in. 6 ¼ hat size) (will fit youth 7 & Up)	_____	x \$10	_____
Medium (20 7/8 in.—6 5/8 hat size)	_____	x \$10	_____
Large (21 5/8 in.—6 7/8 hat size)	_____	x \$10	_____

Total _____

Include this fee in the check you write to Georgia River Network and return by May 3, unless you have already pre-paid for a helmet.

Special Accommodations at Emmanuel College

Staying in a gymnasium with multiple snoring bears not your idea of a restful night? Then this is the deal for you! Emmanuel College is offering private rooms in the school's Wellons Hall for \$25 per night. These rooms sleep two persons. Restroom and shower facilities are "dorm style" - not private restrooms. Bring your own linens.

To reserve your dormitory room, please provide the following information:

Name: _____

Please check the nights you wish to reserve a room: Friday June 18 Saturday June 19

of Nights _____ X \$25 = Total: _____

**Include this fee in the check you write to Georgia River Network
and return by May 3.**

Paddle Georgia 2010 Breakfast/Dinner Registration Sheet

Please fill out and return this form with other forms in this packet and add your total meal payment to your other fees included in one check. Return to Georgia River Network by May 3.

Please fill out one sheet for each individual in your party

Name: _____

PURCHASED THE FULL MEALS DEAL ALREADY? If so, please check here _____.

All participants must fill out only the following portions of this form: June 21 Dinner Options for Street Party in Elberton and June 18 and June 25 Dinner if you need to order additional meals for friends and family joining you for the Kick Off Dinner and the River's End Feast.

VEGETARIAN? If so, please check here _____

GOT COFFEE? YES! Paddle Georgia sponsor **Café Campesino will provide organic, fair trade coffee each morning and evening for a fee.**

DATE/MEAL/MENU	COST	\$TOTAL
June 18 Kick Off Dinner <i>(provided by Satterfield's Catering)</i> BBQ chicken, potatoes au gratin, green beans, tossed salad, breads, peach cobbler Veggie Only Entrée: Quiche	\$12 # of Additional Guests _____ Total X \$12 _____	_____ _____ _____
June 19 Breakfast <i>(provided by Emmanuel College)</i> Scrambled Eggs, Bacon ~ Sausage, Hashbrowns Grits, Biscuits & Gravy, Fresh Fruit, Yogurt, Bagels Cereals, Milk & Juices	\$9	_____
June 19 Dinner <i>(provided by Satterfields Catering)</i> Beef tips over rice, turnip greens, squash casserole, salad, rolls, banana pudding, tea Veggie Only Entrée: Macaroni & cheese	\$12	_____
June 20 Breakfast <i>(provided by Emmanuel College)</i> Scrambled Eggs, Bacon ~ Sausage, Hashbrowns Grits, Biscuits & Gravy, Fresh Fruit, Yogurt, Bagels Cereals, Milk & Juices	\$9	_____
June 20 Dinner <i>(provided by Satterfield's Catering)</i> Low Country boil with shrimp, sausages, cheese grits, slaw, pickles, salad, apple cobbler, tea Veggie Only Entrée: red beans and rice	\$12	_____

June 21 Breakfast **\$9** _____
(provided by Elbert County High School)
Scrambled eggs, bacon, sausage, veggie sausage
grits, assorted ready-to-eat cereals, toast, assorted pastries
fresh fruit, juice and milk

June 21 Dinner **\$12** _____
Dinner provided by downtown Elberton Restaurants
Please select one of the following:

McIntosh Coffee:
Tender slow roasted beef w/ au jus, Home style baked macaroni
and cheese, Italian green beans with marinated tomatoes,
Fresh Fruit and salad bar, Garlic & Cheese Biscuits
Fresh baked pie & cake selections, Tea or Jittery Joe's Coffee _____

Richard's Restaurant:
Hamburger Steak (also available Gravy, Mushrooms, Onions)
Baked Potato, Salad, Texas Toast, Beverage, Brownies _____

Downtown Deli & Dessertery:
BBQ, GA Stew, Baked Beans, Potato Salad & Cole Slaw
Peach Cobbler, Beverage _____

June 22 Breakfast **\$9** _____
(provided by Elbert County High School)
Pancakes, bacon, sausage, veggie sausage, oatmeal,
assorted pastries, assorted ready-to-eat cereals, fresh fruit,
juice and milk

June 22 Dinner **\$12** _____
(provided by Satterfield's Catering)
grilled chicken breasts, green beans,
macaroni and cheese, salad, rolls, teas, pudding
Veggie Only Entrée: pasta salad

June 23 Breakfast **\$9** _____
(provided by Elbert County High School)
Scrambled eggs, bacon, sausage, veggie sausage
hash brown potato casserole, biscuits, assorted
ready-to-eat cereals, assorted pastries, fresh fruit,
juice and milk

June 23 Dinner **\$12** _____
(provided by Satterfield's Catering)
hickory smoked BBQ pork, Brunswick stew,
tossed salad, pickles, potato salad, breads,
peach cobbler, tea
Veggie Only Entrée: mac and cheese

June 24 Breakfast	\$9	_____
<i>(provided by Greenbrier High School)</i>		
menu will be similar to previous breakfasts		
June 24 Dinner	\$12	_____
<i>(provided by Satterfield's Catering)</i>		
Chicken fajitas, beef burritos tacos, Mexican rice, salad, tortilla chips, apple cobbler, tea Veggie Only Entrée: black beans and rice		
June 25 Breakfast	\$9	_____
<i>(Provided by Greenbrier High School)</i>		
menu will be similar to previous breakfasts		
June 25 River's End Feast	\$15	_____
<i>(provided by Dye's Fish Camp in Louisville, GA)</i>		
Fried catfish, fries, onion rings, hushpuppies, fried vegetables, cheese grits, cole slaw, soft drinks, tea, water.	# of Additional Guests	_____
Veggie Only Entrée: veggie burgers	Total X \$15	_____

TOTAL MEAL CHARGES

Please combine these fees with other fees and send one check payable to Georgia River Network to GRN, 126 S. Milledge Ave., Suite E3, Athens, GA 30605 before May 3 (postmarked). If you choose not to register for meals, you are responsible for providing your own meals. Remember, no cooking is permitted at campsites.

Kick off Dinner: We invite all Paddle Georgia participants to share their experience with others by inviting family and friends to join us for the Kick Off Dinner at Emmanuel College. Dinner will be served by Satterfield's Catering and will be followed by a slide show on Paddle Georgia 2009 and Bob Selwyn's documentary video on Paddle Georgia 2009. A mandatory safety procedure briefing and other special items will also be included in the evening's program.

River's End Dinner: We invite all Paddle Georgia participants to share their experience with others by inviting family and friends to the River's End Dinner at Augusta which will feature a fish fry, live music, an awards ceremony, Paddle Georgia 2010 testimonials and a Paddle Georgia 2010 Slide Show. Don't miss this mud-between your toes, grease on your fingers, foot-stomping good time!

Other Meal Considerations

Paddle Georgia encourages you to take advantage of the Paddle Georgia Meal Plan. However, where practical a shuttle vehicle will run participants to and from nearby amenities for quick pick up of grocery items and other necessities. You should not expect to have time for a sit-down meal when utilizing the amenities shuttle as it only runs for approximately 1.5 hours each evening. Please see "Campsite Descriptions" for a listing of nearby amenities for each campsite.

You may supply your own meals, but cooking is not permitted at campsites and access to ice is not guaranteed.

Paddle Georgia Lunch Registration Form 2010

\$8 Sack lunches come with your choice of sandwiches on whole wheat bread along with Kettle Chips, fresh fruit (apple or orange) and dessert. Lunch is included in the Full Meals Deal. **Use one Lunch Registration Sheet for each participant.** You will pick up your sack lunch AT THE CAMPSITE following breakfast each morning. **If you have already purchased the full meal plan, please choose your sandwich and other items and write “PrePaid” in the total column.**

Name _____

DATE/MEAL/MENU lunch ordered)	\$TOTAL (\$8 for each
----------------------------------	-----------------------

June 19

Select one of the following Sandwiches

- | | |
|--|---|
| <input type="checkbox"/> Peanut Butter & Jelly | <input type="checkbox"/> Turkey Salad |
| <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Ham and Cheese |
| <input type="checkbox"/> Hummus Tortilla Wrap—Hummus & Veggies | |

June 20

Select one of the following Sandwiches

- | | |
|--|---|
| <input type="checkbox"/> Peanut Butter & Jelly | <input type="checkbox"/> Turkey Salad |
| <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Ham and Cheese |
| <input type="checkbox"/> Hummus Tortilla Wrap—Hummus & Veggies | |

June 21

Select one of the following Sandwiches

- | | |
|--|---|
| <input type="checkbox"/> Peanut Butter & Jelly | <input type="checkbox"/> Turkey Salad |
| <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Ham and Cheese |
| <input type="checkbox"/> Hummus Tortilla Wrap—Hummus & Veggies | |

June 22

Select one of the following Sandwiches

- | | |
|--|---|
| <input type="checkbox"/> Peanut Butter & Jelly | <input type="checkbox"/> Turkey Salad |
| <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Ham and Cheese |
| <input type="checkbox"/> Hummus Tortilla Wrap—Hummus & Veggies | |

June 23

Select one of the following Sandwiches

- | | |
|--|---|
| <input type="checkbox"/> Peanut Butter & Jelly | <input type="checkbox"/> Turkey Salad |
| <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Ham and Cheese |
| <input type="checkbox"/> Hummus Tortilla Wrap—Hummus & Veggies | |

June 24

Select one of the following Sandwiches

- | | |
|--|---|
| <input type="checkbox"/> Peanut Butter & Jelly | <input type="checkbox"/> Turkey Salad |
| <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Ham and Cheese |
| <input type="checkbox"/> Hummus Tortilla Wrap—Hummus & Veggies | |

June 25

Select one of the following Sandwiches

- | | |
|--|---|
| <input type="checkbox"/> Peanut Butter & Jelly | <input type="checkbox"/> Turkey Salad |
| <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Ham and Cheese |
| <input type="checkbox"/> Hummus Tortilla Wrap—Hummus & Veggies | |

TOTAL

Please combine these fees with your other fees and send one check payable to Georgia River Network to: **GRN 126 S. Milledge Ave. Suite E3 Athens, GA 30605 by May 3 (postmarked).**

Paddling Workshop Info & Registration Form

A basic paddling skills workshop will be held Friday, June 18 at a private lake in nearby Carnesville from 11 a.m. to 3 p.m. This workshop is free for interested Paddle Georgia participants and is designed for beginning paddlers and novices wishing to brush up on their paddling skills before the big event. The workshop will be taught by ACA certified instructors.

The workshop will cover basic paddling strokes and boating safety.

Everyone participating should bring a boat, paddles, personal flotation device for each participant in your party, a whistle or other emergency sounding device, and proper fitting shoes that will not come off in the water. Participants should also bring their own lunches and plenty of water as the workshop will include a “working lunch.”

Participants should begin arriving at the workshop site at 10 a.m. to complete registration and prepare boats. The workshop will begin at 11 a.m. Please be prompt!

Directions to Paddle Workshop: From I-85 north or southbound, take Exit 403 (Ga. 320). Go South on Ga. 320 toward Carnesville. Proceed 0.5 mile to Ginn St. on left. Turn left and proceed 0.6 mile to Lavonia Road (Ga. 59). Turn left and proceed 0.5 mile through downtown Carnesville to Gainesville Street. Turn left and proceed 0.6 mile to Little Street on right. Turn right and follow Little Street through gate 0.5 mile to the private lake.

After the Workshop you will need to drop your boat at the Slow Water Outfitters Launch Site in near Franklin Springs.

Directions to Slow Water Launch Site from Paddle Workshop: Return to Gainesville Street. Turn left and proceed 0.6 mile to Lavonia Street in Carnesville. Turn right and then immediate left past Courthouse Square to Athens Street. Turn right on Athens Street, go one block and turn left on Royston Road (Ga. 145). Follow Ga. 145 8 miles to U.S. 29. Turn right and proceed 2.7 mile to Slow Water Outfitters on the right (just before Broad River Bridge).

Directions to Emmanuel College from Slow Water Launch Site: Return to U.S. 29 and turn left. Proceed 3.7 miles to entrance to Emmanuel College Swails Center on left.

To sign up for the workshop, please fill out the registration form below and return with other forms in this packet to Georgia River Network by May 3.

Name: _____ E-Mail: _____

Address: _____ City/State/Zip _____

#of Individuals Participating: _____ # of Boats: _____

Phone #: _____

THERE IS NO CHARGE TO PARTICIPATE IN THIS WORKSHOP

Special Tours Information & Registration Form

Paddle Georgia will offer several educational tours of local points of interest during the week. To register for these tours, simply write the names of the people in your party that wish to participate in the tour and send in this form! Some tours involve a small fee. Please pay these fees when you return this registration form.

June 19 Broad River Natural Area Tour (*No pre-registration required*): At 11 a.m. and Noon, a local naturalist will provide a brief tour and talk on the Broad River Natural Area, home to the rare plant, ground juniper, and the sandbar shiner (an inhabitant of the Broad River). This is an “on-river” tour. Details will be provided about take out/meeting location.

June 19 Emmanuel College/Franklin Springs Tour (*Pre-registration required*) —Franklin Springs and Emmanuel College have a rich heritage dating back to the days when Franklin Springs was a resort area with people attracted to the nearby mineral springs. One of the school’s buildings is the original hotel that housed visitors to the springs. Learn about this history and Emmanuel College’s present day educational efforts. Walking tour leaves Swails Center at 4:30 p.m.

Total # of Participants: _____

Names: _____

June 19 Ty Cobb Museum in Royston (*No pre-registration required*)—Royston, a mile and a half east on U.S. 29, is home to the “Georgia Peach”—Ty Cobb, known as the greatest hitter in the history of Major League Baseball with a lifetime batting average of .367. A small museum houses memorabilia from Cobb’s playing days and pays tribute to his philanthropy which helped establish the Cobb Memorial Hospital. Admission is \$5, \$4 for seniors and \$3 for students. Participants can pay entry fee at the museum. No additional charges. Amenity & Tour Shuttle bus will leave Emmanuel College at 4:00 p.m and run until 6:30 p.m.

June 20 Georgia Guidestones Tour (*Pre-registration required*) —Elberton, “The Granite Capital of the World” is home to some curious granite monuments—namely the Georgia Guidestones. Often referred to as the “American Stonehenge”, the Guidestones are massive monuments inscribed with messages in eight modern languages and four ancient languages. A bus will leave our Elbert County High campsite at 4 p.m. to carry participants to the site.

Total # of Participants: _____ X \$4 per person shuttle fee = _____

Names: _____

June 21 Granite Quarry Tour (*Pre-registration required*): See where all that granite comes from by touring a local quarry where quarry experts will tell you how the rock is recovered from the ground and transformed into monuments, countertops and more! Bus will leave our Elbert County High campsite at 4 p.m. to carry participants to site.

Total # of Participants: _____ X \$4 per person shuttle fee = _____

Names: _____

June 22 Monument Company and Granite Museum Tour (*Pre-registration required*): You've seen the quarry, now see how the rough rock is turned into gleaming monuments by visiting a monument company and the Elberton Granite Museum where you can see "Dutchy"—one of Elberton's first granite statues that was "lynched" by Confederate Civil War veterans in 1900.

Total # of Participants: _____ X \$4 per person shuttle fee = _____

Names: _____

June 24 Clarks Hill Dam Tours (*no-pre-registration required*): Join rangers from the U.S. Army Corps of Engineers for a tour of Clarks Hill Dam on the Savannah River—a wall of concrete and steel that holds back 71,000 acres of water and produces a lot of electricity. Learn about the history of the project and what is driving management of the facility today. Tours will be conducted at regular intervals from 8 a.m. until 10 a.m.

June 24 Stallings Island Tour (*no pre-registration required*): Join archaeologists to explore Stallings Island, one of the most significant archaeological sites in the country. On Stallings Island, archaeologists have found the oldest known pottery in the U.S. The island is also home to several donkeys and goats. Tours will be conducted at regular intervals from 2-4 p.m.

June 24 Augusta Canal Headgates (*no pre-registration required*): After pulling out at the headgates to end your paddle for the day, enjoy self-guided tours of this historic area. Walking trails lead along the canal and Savannah River and the lockkeeper's residence serves as an interpretive center. It's a very pleasant place to spend the afternoon before dinner at Savannah Rapids Pavilion followed by the gubernatorial candidates' forum.

June 25 Augusta Waterworks Tour (*no pre-registration required*): Join representatives of the Augusta Water Dept. for a tour of the city's historic pumping structure on the Augusta Canal and a talk about how Augusta utilizes the Savannah River as its primary drinking water source. Tour begins at 10 a.m. Paddlers will take out at the pumping structure and begin tour on the Canal recreational trail.

June 25 Petersburg Boat Tour (*pre-registration required*): Take a ride on a replica Petersburg Boat from Enterprise Mill in Augusta up the canal for a historic one-hour tour of this storied waterway. The tour includes a visit at the Canal Interpretive Center which tells the story of how Augusta used its waterways to reinvent itself and define its destiny. Tickets: \$12 adults, \$10 students and seniors Interpretive Center Only: \$6 Adult, \$5 Senior, \$4 Students Participants purchase tickets at Center on day of tour. Shuttle fees must be paid in advance.

Total # of Participants: _____ X \$4 per person shuttle fee = _____

Names: _____

Total Tour Fees: _____

Please return this form with your other forms and payment to Georgia River Network by May 3: **Georgia River Network, 126 S. Milledge Ave. , Suite E3 , Athens, GA 30605**

Georgia Adopt-A-Stream Workshop Registration

Georgia Adopt-A-Stream instructors will offer on-the-river chemical water quality monitoring workshops Monday June 21. During this workshop, we will stop at several locations to demonstrate chemical monitoring protocols, collecting and testing water quality samples. By participating in this training, you'll have the opportunity to assist in Paddle Georgia's assessment of the health of the Broad and Savannah rivers and their tributaries the remainder of the week. When you return home, you'll have a greater understanding of rivers and streams, and you'll be certified to conduct routine water quality monitoring on a local waterway.

Once certified, interested participants will be encouraged to assist the monitoring team by conducting additional sampling during the course of the week. By participating in this workshop, you will gain first hand knowledge of the many issues our rivers are facing. Join us for two days of fun on the river!

Write your name below and check the appropriate boxes if you would like to participate in the workshop and conduct water monitoring during the week of Paddle Georgia.

Name: _____

- Yes, I would like to participate in an Adopt-A-Stream chemical water monitoring workshop.
- Yes, I would like to assist with the stream health assessment of the Broad and Savannah rivers and their tributaries.
- I am currently certified or have been certified by Adopt-A-Stream in Chemical Monitoring.

For questions regarding the Georgia Adopt-A-Stream training, contact Allison or Tara at 404-675-1635. You can also learn more about Georgia Adopt-A-Stream by visiting www.georgiaadoptastream.org.

Please return this form with others in this packet to Georgia River Network by May 3: **Georgia River Network, 126 S. Milledge Ave. , Suite E3 , Athens, GA 30605**

**AMERICAN CANOE ASSOCIATION ADULT WAIVER & RELEASE OF LIABILITY
READ BEFORE SIGNING**

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of paddlesports and related activities and that I am qualified, in good health, in proper physical condition to participate in such activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.

2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name (print) _____ Date of Birth _____ ACA # (if any) _____

Street Address _____

City _____ State _____ Zip _____

Email _____ Phone _____

Date _____ Adult Signature _____

Name / Description of Activity or Event _____

Sponsoring Club / Organization _____ Activity Date _____

AMERICAN CANOE ASSOCIATION MINOR WAIVER & RELEASE OF LIABILITY
READ BEFORE SIGNING

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Paddlesports and related Activities and that I am qualified, in good health, in proper physical condition to participate in such Activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. If I decide to leave early and not complete the trip as planned, I assume all risks inherent in my decision to leave.

2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE American Canoe Association, Inc., its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

MINOR PARTICIPANT: I, THE MINOR PARTICIPANT, HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Minor Name (print) _____	Minor Date of Birth _____	ACA # (if any) _____
Minor Street Address _____	Minor Phone _____	
Minor City _____	Minor State _____	Minor Zip _____
		Minor Email _____

Date _____ Minor Signature _____

PARENT OR GUARDIAN: I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF PADDLESPOITS AND RELATED ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Parent/Guardian Name (print) _____	Parent/Guardian ACA # (if any) _____
P/G Street Address _____	P/G Phone _____
P/G City _____ P/G State _____ P/G Zip _____	P/G Email _____

Date _____ Parent / Guardian Signature _____

Activity Description _____ Sponsoring Org. _____ Activity Date _____